

# Public Health

## Bachelor of Science in Public Health

Building	Phone	Website	Email
Bldg 38/Room 135	(850) 474-3191	<a href="https://uwf.edu/ukcoh/departments/public-health/">https://uwf.edu/ukcoh/departments/public-health/</a>	<a href="mailto:publichealth@uwf.edu">publichealth@uwf.edu</a>

## Health Promotion Minor

Building	Phone	Website	Email
Building 72, Room 241	850-474-2194	<a href="https://uwf.edu/ukcoh/departments/movement-sciences-and-health/">https://uwf.edu/ukcoh/departments/movement-sciences-and-health/</a>	<a href="mailto:pbarrington@uwf.edu">pbarrington@uwf.edu</a>

The Bachelor of Science in Public Health (BSPH) degree program prepares graduates for careers in public health at the local, state, national, and global health agencies as well as in community and organizational settings. Graduates will be equipped with competencies to conduct health needs assessments; to develop, implement, and evaluate health programs geared toward disease prevention and control. With the appropriate mix of elective courses, graduates of the BS in Public Health degree program may petition NCHC to sit for the Certified Health Education Specialist (CHES) national exam. Additionally, the BS in Public Health degree prepares graduates for advanced public health education at the masters and doctoral levels with training in any of the major domains of social behavioral health sciences, environmental health, health policy, health education, epidemiology, and qualitative and quantitative research.

## Admission Requirements

In order to graduate, all students must complete at least 120 semester hours with a minimum of 48 specified upper-division hours (3000/4000 level) at UWF.

Acceptance to the University does not constitute admission to the upper-division Public Health Degree. Students entering UWF or declaring a major in public health will automatically be placed in a pending status until they meet the requirements for admission.

- Students must have a cumulative GPA of 2.50 in all previously attempted college work.
- Students must be at the level of a sophomore or higher.
- Students will not be admitted to the program less than one week before the beginning of the term in which they have applied.
- Students must complete the BSPH Application form.

Those who do not complete these requirements may be denied further registration, and may be prevented from further enrollment in Public Health courses. Not all states authorize online programs, if you reside outside of Florida you will want to check the status of your state's acceptance of this program: [UWF State Authorization Status](#)

This program will not meet immigration requirements for students holding an F1 or J1 Visa to maintain status. Contact [International Affairs](#) for further information.

No more than 24% of the program requirements for this degree may be in traditional business subjects.

Students must consult with the BSPH academic advisor for courses which may satisfy both the General Education requirements and common prerequisites.

## General Education

In addition to the General Education requirements listed on this page, students must satisfy all additional University requirements, including the Gordon Rule, multicultural, and foreign language requirements. With appropriate planning and coordination with an academic advisor, students may satisfy some of the general University requirements through the General Education curriculum. For a complete listing of general degree requirements, refer to the "[University Requirements](#)" section of this catalog.

## General Education Curriculum

### Communication

ENC 1101	English Composition I	3
ENC 1102	English Composition II	3

### Mathematics

Choose one course from Group A and one Additional course from either Group A or Group B

#### Group A

MAC 1105	College Algebra	
MAC 1105C	College Algebra with Lab	
MAC 2311	Analytic Geometry and Calculus I	
MGF 1106	Mathematics for Liberal Arts I	
MGF 1107	Mathematics for Liberal Arts II	
STA 2023	Elements of Statistics	

#### Group B

MAC 1114	Trigonometry	
MAC 1140	Precalculus Algebra	
MAC 1147	Precalculus with Trigonometry	
MAC 2233	Calculus with Business Applications	
MAC 2312	Analytic Geometry and Calculus II	
STA 2360	Introduction to Data Science	

### Social Sciences

Choose one course from Group A and one additional course from either Group A or Group B

#### Group A

AMH 2020	United States since 1877	
ANT 2000	Introduction to Anthropology	
ECO 2013	Principles of Economics Macro	
POS 2041	American Politics	
PSY 2012	General Psychology	
SYG 2000	Introduction to Sociology	

#### Group B

AMH 2010	United States to 1877	
ANT 2100	Introduction to Archaeology	
ANT 2400	Current Cultural Issues	
CCJ 2002	Survey of Crime and Justice	
COM 2023	Death and Communication	
CPO 2002	Comparative Politics	
DEP 2004	Human Development Across the Lifespan	
EUH 1000	Western Perspectives I	
EUH 1001	Western Perspectives II	
FIN 2104	Personal Financial Planning	

GEA 2000	Nations and Regions of the World
GEB 1011	Introduction to Business
HIS 2050	Explore! History
IDH 1041	Honors Core 2
INR 2002	International Politics
MMC 2000	Principles of Mass Communication
PLA 2013	Survey of American Law
SOW 2192	Understanding Relationships in the 21st Century
SPM 2010	Sport in Global Society
SYG 2010	Current Social Problems

## Humanities

Choose one course from Group A and one additional course from either Group A or Group B 6

Group A	
ARH 1000	Art Appreciation
LIT 2000	Introduction to Literature
MUL 2010	Music Appreciation
PHI 2010	Introduction to Philosophy
THE 2000	Theatre Appreciation
Group B	
AML 2010	American Literature I
AML 2020	American Literature II
AML 2072	Sex, Money, and Power in American Literature
ARH 2050	Western Survey I: Prehistory to the Medieval Period
ARH 2051	Western Survey II: Renaissance to Contemporary
ART 1015C	Exploring Artistic Vision
ART 2821	The Self, Creativity, Your Career and Visual Culture
CRW 2001	Introduction to Creative Writing
ENL 2010	History of English Literature I
ENL 2020	History of English Literature II
IDH 1040	Honors Core 1
LIT 2030	Introduction to Poetry
MUH 2930	The Music Experience: Special Topics
PHI 2103	Critical Thinking
PHI 2603	Ethics in Contemporary Society
REL 1300	World Religions
SPC 2608	Basic Communication Skills
THE 2300	Survey of Dramatic Literature

## Natural Sciences

Choose one course from Group A and one additional course from either Group A or Group B 6

Group A	
AST 1002	Descriptive Astronomy
BSC 1005	General Biology for Non-Majors *
BSC 1085	Anatomy and Physiology I *
BSC 2010	Biology I
CHM 1020	Concepts in Chemistry *

CHM 2045	General Chemistry I *
ESC 2000	Introduction to Earth Science *
EVR 2001	Introduction to Environmental Science
PHY 1020	Conceptual Physics
PHY 2048	Calculus-Based Physics I *, **
PHY 2048C	Calculus-Based Physics I Studio ***
PHY 2053	Algebra-Based Physics I *, **
Group B	
ANT 2511	Biological Anthropology *
AST 2037	Life in the Universe
BOT 2010	General Botany
BSC 1050	Fundamentals of Ecology
BSC 1086	Anatomy and Physiology II *
BSC 2011	Biology II
BSC 2311	Introduction to Oceanography and Marine Biology *
CGS 2020	Introduction to Machine Learning
CHM 2046	General Chemistry II *
CIS 2530	Introduction to Cybersecurity
GLY 2010	Physical Geology *
MCB 1000	Fundamentals of Microbiology *
PHC 2082	Informatics and Your Health
PHY 2049	Calculus-Based Physics II *, **
PHY 2054	Algebra-Based Physics II *, **

\* May be taken with or without lab.

\*\* Algebra-Based Physics is usually recommended for non-science majors, while Calculus-Based Physics is recommended for science majors

\*\*\* Although students receive 5 semester hours credit for PHY 2048C, an additional 3 semester science course will be needed to meet General Education requirements.

## General Education Electives

Choose an additional course from two of the three areas of Humanities, Social Sciences, and Natural Sciences

## Multicultural Requirement

### Multicultural Courses

An important component of a liberal education is the study of cultures other than one's own. As such, multiculturalism encompasses the appreciation of the values, expressions, and modes of organization of diverse cultural communities. To further such study, the University of West Florida requires all students pursuing a bachelor's degree to complete at least one course that explores one or more of the dimensions of another culture (language, religion, socio-economic structures, etc.). Students are exempt from this requirement if they have completed an A.A. degree, the general education program at a Florida public institution, or a baccalaureate degree.

The requirement is satisfied by the successful completion of a multicultural course designated on the following list. Several of the selections are General Education courses, and students may enroll in these to meet both the General Education and the multicultural requirements.

\*\*Passed by UWF Faculty Senate on 11/08/2002

This list is continually updated and students are encouraged to check with their advisors for alternative options.

AML 2010	American Literature I	3	GEA 2000	Nations and Regions of the World	3
AML 2020	American Literature II	3	GEB 4361	International Business	3
AML 3604	African American Literature	3	GEO 3421	Cultural Geography	3
AML 3624	Black Women Writers	3	GEO 3471	Geography of World Affairs	3
AML 4015	Topics in Nineteenth-Century American Literature	3	HIS 2050	Explore! History	3
AML 4640	Topics in Native American Literature	3	HIS 4262	Rise and Fall of the Portuguese Empire	3
ANT 1001	Anthropology as a Profession	1	IDH 1040	Honors Core 1	3
ANT 2000	Introduction to Anthropology	3	IDH 1041	Honors Core 2	3
ANT 2301	Human Sexuality and Culture	3	INR 2002	International Politics	3
ANT 3212	Peoples and Cultures of the World	3	LAH 4135	Spanish Conquest of the Americas	3
ANT 3312	North American Indians	3	LAH 4131	'Atlantic Indians': How Indigenous and African Peoples Shaped Europe & the Americas	3
ANT 3363	Japanese Culture	3	LAH 4451	Greater Mexico: Central America from Conquest to the 20th Century	3
ANT 3403	Cultural Ecology	3	LAH 4728	Gender and Sexuality in Latin America from Colonization to Today	3
ANT 4006	Anthropology of Human Rights	3	LIT 2000	Introduction to Literature	3
ANT 4025	Ritual Use of Human Remains	3	LIT 2030	Introduction to Poetry	3
ANT 4516	Modern Human Physical Variation	3	LIT 3233	Postcolonial Literature	3
ARH 1000	Art Appreciation	3	LIT 4036	Topics in Poetry and Poetics	3
ARH 2050	Western Survey I: Prehistory to the Medieval Period	3	LIT 4385	Feminist Theory	3
ARH 2051	Western Survey II: Renaissance to Contemporary	3	MAN 4102	Management of Diversity	3
ARH 3590	Non-Western Art	3	MAR 4156	Seminar in International Marketing	3
ARH 3607	Native American Art	3	MMC 3743	Communicating Fear: Horror Films and Popular Culture	3
ARH 4302	Late Renaissance Art in Italy	3	MMC 3745	Communicating Fear Abroad: International Horror Films & Popular Culture	3
ARH 4412	The Age of Revolution to Romanticism in Europe: 1750-1850	3	MUH 2930	The Music Experience: Special Topics	3
ARH 4450	Modern Art: 1850-1980	3	MUL 2010	Music Appreciation	3
ARH 4470	Contemporary Art	3	NUR 4615	Community and Public Health Nursing	3
ARH 4563	Art of Japan	3	NUR 4636	Population-based Public Health Nursing	3
CCJ 3678	Race, Gender, Ethnicity, and Crime	3	PHI 3790	African Philosophy	3
COM 3014	Gender Communication	3	PUR 3404	International Public Relations	3
COM 3461	Intercultural Communication	3	PSY 3860	Positive Psychology	3
COM 4242	Communication and Christianity	3	SOP 3730	Psychology, Culture, and Society	3
CPO 2002	Comparative Politics	3	SOW 4233	Human Diversity and Social Justice	3
CPO 4792	Geopolitics	3	SPN 3400	Advanced Stylistics	3
CRW 2001	Introduction to Creative Writing	3	SPN 4520	Latin American Culture and Civilization	3
EDF 2085	Teaching Diverse Populations	3	SYO 4421	Sociology of Health, Illness and Health Care	3
ENG 4013	Introduction to Literary Theory	3	SYO 4530	Inequality in America	3
ENL 2020	History of English Literature II	3			
EUH 1000	Western Perspectives I	3			
EUH 1001	Western Perspectives II	3			
EUH 3203	Modern Europe	3			
EUH 3334	Emperors, Sultans, Dictators, and Democrats: The Balkans	3			
EUH 3411	Rome and the Mediterranean World	3			
EUH 3576	Soviet Union since 1917	3			
EUH 4563	The Other Germany: The Lands of the Austrian Monarchy, 1526-1918	3			
FRE 4955	Supervised Foreign Language Field Experience Abroad	1-3			

## Civic Literacy Requirement

The 2017 Florida Legislature amended [Section 1007.25, Florida Statutes](#), to require students **initially entering a State University System (SUS) and/or Florida College System (FCS) institution in 2018-2019** and thereafter to demonstrate competency in civic literacy.

The 2021 Legislature further amended Florida Statutes, requiring students to complete both a civic literacy course and exam. As a result, there are three cohorts of students currently matriculating at Florida public institutions subject to varying requirements. As demonstrated in the table below, the exact civic literacy requirements are based on the academic term in which a student first enrolled in a Florida public institution.

Students Included in Cohort	Civic Literacy Competency Requirement
Cohort 1: Students first entering the SUS or FCS prior to fall 2018	None
Cohort 2: Students first entering the SUS or FCS in fall 2018 – summer A 2021	Complete a course <b>or</b> exam
Cohort 3: Students first entering the SUS or FCS in summer B 2021 (on or after July 1, 2021) and thereafter	Complete both a course <b>and</b> exam

Additionally, the 2021 Legislature made two additional exceptions: approving the use of accelerated mechanisms for meeting the course competency requirement and exempting high school students who pass the Florida Civic Literacy Exam in high school from the postsecondary exam requirement. These two changes are in effect for Cohort 3.

There are multiple ways to satisfy this requirement. Students should work with their academic advisor to determine which option is best for their degree requirements/degree plan.

Additional information can be found on our [Civic Literacy](#) website.

\*BOG 8.006; s.1007.25(4.a-b)

## Common Prerequisites

State-mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. See the [Common Prerequisite Manual](#) for course substitutions from Florida colleges and universities.

BSC 1085+L	Anatomy and Physiology I (+Lab) *	4
BSC 1086+L	Anatomy and Physiology II (+Lab) *	4
PSY 2012	General Psychology *	3
STA 2023	Elements of Statistics *	3

**Total Hours** 14

\* Indicates common prerequisites which can be used to satisfy General Education requirements.

## Lower Division Electives

Students must complete sufficient 1000/2000 level electives to satisfy at least 60 sh in the lower division. Current UWF students may use elective courses at any level (1000-4000) to meet this elective requirement. Students in the Interdisciplinary Specialization should see the list of Lower Division Requirements for guidance on how to meet these requirements.

**Total Hours** 13

## Lower Division Electives:

Students must select 9 credit hours from the following:

Choose 3 courses of the following: 9

PHC 2082	Informatics and Your Health
HSC 2100	Personal Health
HUN 2201	Fundamentals of Human Nutrition

HSC 2622 Introduction to Global Health Sciences  
(Meets Multicultural Requirement)

**Total Hours** 9

## Upper Division Major Courses:

All Bachelor of Science students must complete the following required public health foundational courses [42-45 credit hours]

HSC 3032	Foundations in Health Education	3
HSA 3111	Understanding U.S. Healthcare (Meets Gordon Rule Writing Requirement)	3
HSC 3510	Data Analysis in the Health Sciences	3
PHC 4101	Essentials of Public Health	3
PHC 4109	Diseases in Human Populations	3
HSC 4211	Human Environmental Health	3
HSC 4730	Research Methods and Evaluation in Health Promotion	3
HSC 4500	Epidemiology	3
HSC 4300	Changing Health Behaviors	3
HSA 4191	Health Information Systems	3
MCB 4276	Epidemiology of Infectious Disease	3
BUL 4602	Legal Fundamentals of Healthcare	3
PHC 4140	Public Health Planning and Analysis	3
or HSC 4581	Health Promotion and Planning	
PHC 4940	Public Health Capstone	3-6
or HSC 4910	Senior Capstone Experience in Health Promotion	

**Total Hours** 42-45

## Approved Electives:

Students must select up to 15-18 credit hours from the following courses based on career interests. Students interested in completing the National Commission of Health Education Credentialing (NCHEC) certification should consider the courses indicated for the Certified Health Education Specialist (CHES) exam. Students should discuss their professional goals with their advisor and public health faculty before selecting elective courses.

HSC 4584	Health Promotion Strategies and Funding (Recommended for CHES exam)	3
BSC 4434	Bioinformatics and Data Science (Recommended for students interested in Public Health graduate education)	3
STA 4173	Biostatistics (Recommended for students interested in Public Health graduate education)	3
PHC 4363	Occupational Safety and Health in the Health Care Environment	3
HSC 4583	Theoretical Foundations of Health Promotion and Planning (Recommended for CHES exam)	3
HSC 4633	Current Issues in Health Promotion (Recommended for CHES exam)	3
PHC 4340	Fundamentals of Industrial Hygiene	3
BSC 4854	Bioterrorism	3
HSC 4404	Medical Disaster Management	3
HSC 4572	Nutrition and Health	3
HSC 4143	Drugs in Society	3

HSC 4133	Health Aspects of Human Sexuality	3
GEY 4001	Gerontology	3
HSA 3551	Health Ethics and Professionalism	3
PHC 4464	Understanding Health Equity and Health Disparities	3
PHC 4341	Fundamentals of Occupational Safety and Health	3
HSC 4104	Health Aspects of Stress Management	3
Total Hours		15-18

## Health Promotion

Students earning the Minor in Health Promotion will be able to assess individual and community/worksites needs for health promotion, develop analytical skills to examine needs assessment data and determine priority area(s) of health promotion. They will also be able to compare and contrast health promotion program planning models and theories for application in a health promotion and wellness setting, and plan and implement effective health promotion programs. Health Promotion majors may not earn this minor.

HSC 4581	Health Promotion and Planning	3
HSC 3032	Foundations in Health Education	3
Choose two of the following Health Foundations courses:		6
HSC 4583	Theoretical Foundations of Health Promotion and Planning	
HSC 4133	Health Aspects of Human Sexuality	
HSC 4143	Drugs in Society	
HSC 4551	Communicable and Degenerative Diseases	
HSC 4104	Health Aspects of Stress Management	
HSC 4211	Human Environmental Health	
HSC 4500	Epidemiology	
HSC 4633	Current Issues in Health Promotion	
HSC 4300	Changing Health Behaviors	
HSC 4572	Nutrition and Health	
<b>Total Hours</b>		<b>12</b>