

# Health and Physical Education

The B.S. in Health and Physical Education prepares students for positions in teaching, the health and fitness industry, recreation services, and for graduate study.

## Program Requirements

In addition to the university's general requirements, students seeking the B.S. degree in Health and Physical Education must meet the requirements listed below.

Students interested in the **Exercise Science** program should check the [Exercise Science section of this catalog](#).

Students in the **Fitness and Sport Coaching** specialization will complete an internship during their senior year. Requirements for admission to the internship are as follows:

- Grade of "C-" or higher in all courses used to fulfill major requirements
- At least a 2.00 GPA in the major
- Recommendations of academic advisor prior to registration for internship

Students in the **Physical Education Teacher Education** specialization will complete a student teaching experience during their senior year. Requirements for admission to the student teaching program are as follows:

- Grade of "C-" or higher in all major-related courses
- At least a 2.50 or greater major GPA
- Passing scores on the Professional Education Test, General Knowledge Exam, and the Physical Education Subject Area test of the Florida Teacher Certification Exam
- Approval by the Physical Education Teacher Education Program Committee

Students in the **Physical Education** specialization will complete an internship during their senior year. Requirements for admission to the internship are as follows:

- Grade of "C-" or higher in all courses used to fulfill major requirements
- At least a 2.00 GPA in the major
- Recommendations of academic advisor prior to registration for internship
- CPR/First Aid/AED Red Cross certificate

## Fitness and Sport Coaching Specialization

The Fitness and Sport Coaching Specialization prepares students with a foundation of health, coaching, and pedagogical knowledge to pursue careers in fitness and sport coaching. Employment settings include high school and collegiate sport coaching, community and recreational athletics, physical activity and sport enhancement programs, public and private fitness related organizations, and corporate wellness settings. Coursework within the Fitness and Sport Coaching Specialization will focus on developing sport coaching leadership skills, content related to physical and cognitive sport performance, and overall health and wellness. Courses will involve

hands-on, activity-based learning and experiences which will culminate in an internship designed to develop specific employment related skills.

## General Education

In addition to the General Education requirements listed on this page, students must satisfy all additional University requirements, including the College-Level Communication and Computation, multicultural, and foreign language requirements. With appropriate planning and coordination with an academic advisor, students may satisfy some of the general University requirements through the General Education curriculum. For a complete listing of general degree requirements, refer to the [University Requirements](#) section of this catalog.

## General Education Curriculum:

### Communication

ENC 1101	English Composition I (Core)	3
ENC 1102	English Composition II (Breadth)	3

### Humanities

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

#### Group A (Core)

ARH 1000	Art Appreciation
LIT 2000	Introduction to Literature
MUL 2010	Music Appreciation
PHI 2010	Introduction to Philosophy
THE 2000	Theatre Appreciation

#### Group B (Breadth)

AML 2010	American Literature I
AML 2020	American Literature II
ARH 2050	Western Survey I: Prehistory to the Medieval Period
ARH 2051	Western Survey II: Renaissance to Contemporary
ART 1015C	Exploring Artistic Vision
ART 2821	The Self, Creativity, Your Career and Visual Culture
CRW 2001	Introduction to Creative Writing
ENL 2010	History of English Literature I
ENL 2020	History of English Literature II
IDH 1040	Honors Core: Humanities
LIT 2030	Introduction to Poetry
MUH 2930	The Music Experience: Special Topics
PHI 2103	Critical Thinking
PHI 2603	Ethics in Contemporary Society
REL 1300	World Religions
SPC 2608	Public Speaking
THE 2300	Survey of Dramatic Literature

### Mathematics

Choose one course from Group A (Core) and one Additional course from either Group A or Group B (Breadth) 6

#### Group A (Core)

MAC 1105	College Algebra
MAC 1105C	College Algebra with Lab
MAC 2311	Analytic Geometry and Calculus I

MGF 1130	Mathematical Thinking
STA 2023	Elements of Statistics
Group B (Breadth)	
MAC 1114	Trigonometry
MAC 1140	Precalculus Algebra
MAC 1147	Precalculus with Trigonometry
MAC 2233	Calculus with Business Applications
MAC 2312	Analytic Geometry and Calculus II
MGF 1131	Mathematics in Context
STA 2360	Introduction to Data Science

## Natural Sciences

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

Group A (Core)	
AST 1002	Descriptive Astronomy
BSC 1005	General Biology for Non-Majors *
BSC 1085	Anatomy and Physiology I *
BSC 2010	Biology I
CHM 1020	Concepts in Chemistry *
CHM 2045	General Chemistry I *
ESC 2000	Introduction to Earth Science *
EVR 2001	Introduction to Environmental Science
GLY 2010	Physical Geology
PHY 1020	Conceptual Physics
PHY 2048	Calculus-Based Physics I *, **
PHY 2048C	Calculus-Based Physics I Studio ***
PHY 2053	Algebra-Based Physics I *, **
Group B (Breadth)	
ANT 2511	Biological Anthropology *
AST 2037	Life in the Universe
BOT 2010	General Botany
BSC 1050	Fundamentals of Ecology
BSC 1086	Anatomy and Physiology II *
BSC 2011	Biology II
BSC 2311	Introduction to Oceanography and Marine Biology *
CGS 2020	Introduction to Machine Learning
CHM 2046	General Chemistry II *
CIS 2530	Introduction to Cybersecurity
IDH 1043	Honors Core: Natural Sciences
MCB 1000	Fundamentals of Microbiology *
PHC 2082	Informatics and Your Health
PHY 2049	Calculus-Based Physics II *, **
PHY 2054	Algebra-Based Physics II *, **

\* May be taken with or without lab.

\*\* Algebra-Based Physics is usually recommended for non-science majors, while Calculus-Based Physics is recommended for science majors.

\*\*\*Although students receive 5 semester hours credit for PHY 2048C, an additional 3 semester science course will be needed to meet General Education requirements.

## Social Sciences

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

Group A (Core)	
AMH 2010	United States to 1877
AMH 2020	United States Since 1877
ANT 2000	Introduction to Anthropology
ECO 2013	Principles of Economics Macro
POS 2041	American Politics
PSY 2012	General Psychology
Group B (Breadth)	
ANT 2100	Introduction to Archaeology
ANT 2400	Current Cultural Issues
CCJ 2002	Survey of Crime and Justice
COM 2023	Death and Communication
CPO 2002	Comparative Politics
DEP 2004	Human Development Across the Lifespan
EUH 1000	Western Perspectives I
EUH 1001	Western Perspectives II
FIN 2104	Personal Financial Planning
GEA 2000	Nations and Regions of the World
GEB 1011	Introduction to Business
HIS 2050	Explore History: Special Topics
IDH 1041	Honors Core: Social Sciences
INR 2002	International Politics
MMC 2000	Principles of Mass Communication
PLA 2013	Survey of American Law
SOW 2192	Understanding Relationships in the 21st Century
SPM 2010	Sport in Global Society
SYG 2000	Introduction to Sociology
SYG 2010	Current Social Problems

## General Education Electives

Choose an additional course from two of the five areas of Communication, Mathematics, Social Sciences, Humanities, and Natural Sciences.

Fitness and Sport Coaching majors should take BSC 1085 Anatomy and Physiology I to fulfill the natural science component.

## Multicultural Requirement

### Multicultural Courses

An important component of a liberal education is the study of cultures other than one's own. As such, multiculturalism encompasses the appreciation of the values, expressions, and modes of organization of diverse cultural communities. To further such study, the University of West Florida requires all students pursuing a bachelor's degree to complete at least one course that explores one or more of the dimensions of another culture (language, religion, socio-economic structures, etc.). Students are exempt from this requirement if they have completed an A.A. degree, the general education program at a Florida public institution, or a baccalaureate degree.

The requirement is satisfied by the successful completion of a multicultural course designated on the following list. Several of the selections are General Education courses, and students may enroll

in these to meet both the General Education and the multicultural requirements.

*\*\*Passed by UWF Faculty Senate on 11/08/2002*

This list is continually updated and students are encouraged to check with their advisors for alternative options.

AML 2010	American Literature I	3
AML 2020	American Literature II	3
AML 3604	African American Literature	3
AML 3624	Black Women Writers	3
AML 4015	Topics in Nineteenth-Century American Literature	3
AML 4640	Topics in Native American Literature	3
ANT 1001	Anthropology as a Profession	1
ANT 2000	Introduction to Anthropology	3
ANT 2301	Human Sexuality and Culture	3
ANT 3212	Peoples and Cultures of the World	3
ANT 3312	North American Indians	3
ANT 3363	Japanese Culture	3
ANT 4006	Anthropology of Human Rights	3
ANT 4025	Ritual Use of Human Remains	3
ANT 4403	Environmental Anthropology	3
ANT 4516	Modern Human Physical Variation	3
ARH 1000	Art Appreciation	3
ARH 2050	Western Survey I: Prehistory to the Medieval Period	3
ARH 3201	Art and Culture in The Global Middle Ages	3
ARH 2051	Western Survey II: Renaissance to Contemporary	3
ARH 3590	Non-Western Art	3
ARH 3607	Native American Art	3
ARH 4412	The Age of Revolution to Romanticism in Europe: 1750-1850	3
ARH 4450	Modern Art: 1850-1980	3
ARH 4470	Contemporary Art	3
ARH 4563	Art of Japan	3
CCJ 3678	Race, Gender, Ethnicity, and Crime	3
COM 3014	Gender Communication	3
COM 3461	Intercultural Communication	3
COM 4242	Communication and Christianity	3
CPO 2002	Comparative Politics	3
CRW 2001	Introduction to Creative Writing	3
EDF 2085	Teaching Diverse Populations	3
ENG 4013	Introduction to Literary Theory	3
ENL 2020	History of English Literature II	3
EUH 1000	Western Perspectives I	3
EUH 1001	Western Perspectives II	3
EUH 3334	Emperors, Sultans, Dictators, and Democrats: The Balkans	3
EUH 3411	Rome and the Mediterranean World	3
EUH 3576	Soviet Union since 1917	3
FOL 3501	Global Cinema	3
GEA 2000	Nations and Regions of the World	3
GEB 4361	International Business	3

GEO 3421	Cultural Geography	3
GEO 3471	Geography of World Affairs	3
HSC 2622	Introduction to Global Health Sciences	3
HIS 2050	Explore History: Special Topics	3
HIS 4262	Rise and Fall of the Portuguese Empire	3
IDH 1040	Honors Core: Humanities	3
IDH 1041	Honors Core: Social Sciences	3
INR 2002	International Politics	3
LAH 4135	Spanish Conquest of the Americas	3
LAH 4131	'Atlantic Indians': How Indigenous and African Peoples Shaped Europe & the Americas	3
LAH 4451	Greater Mexico: Central America from Conquest to the 20th Century	3
LAH 4728	Gender and Sexuality in Latin America from Colonization to Today	3
LIT 2000	Introduction to Literature	3
LIT 2030	Introduction to Poetry	3
LIT 4036	Topics in Poetry and Poetics	3
LIT 4385	Feminist Theory	3
MAN 4102	Management of Diversity	3
MAR 4156	Seminar in International Marketing	3
MMC 3743	Communicating Fear: Horror Films and Popular Culture	3
MMC 3745	Communicating Fear Abroad: International Horror Films & Popular Culture	3
MMC 4601	Minorities and the Mass Media	3
MUH 2930	The Music Experience: Special Topics	3
MUL 2010	Music Appreciation	3
NUR 4615	Patient Centered Population Health	3
NUR 4636	Population-based Public Health Nursing	3
PHI 3790	African Philosophy	3
PUR 3404	International Public Relations	3
PSY 3860	Positive Psychology	3
SOP 3730	Psychology, Culture, and Society	3
SOW 4233	Human Diversity and Social Justice	3
SPN 3400	Advanced Stylistics	3
SPN 4520	Latin American Culture and Civilization	3
SYO 4421	Sociology of Health, Illness and Health Care	3
SYO 4530	Inequality in America	3

## Civic Literacy Requirement

The 2017 Florida Legislature amended [Section 1007.25, Florida Statutes](#), to require students **initially entering a State University System (SUS) and/or Florida College System (FCS) institution in 2018-2019** and thereafter to demonstrate competency in civic literacy. The 2021 Legislature further amended Florida Statutes, requiring students to complete both a civic literacy course and an exam. As a result, there are three cohorts of students currently matriculating at Florida public institutions subject to varying requirements. As demonstrated in the table below, the exact civic literacy requirements are based on the academic term in which a student first enrolled in a Florida public institution.

Students Included in Cohort	Civic Literacy Competency Requirement
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Cohort 1: Students first entering the SUS or FCS prior to fall 2018	None
Cohort 2: Students first entering the SUS or FCS in fall 2018 – summer A 2021	Complete a course <b>or</b> exam (course options AMH 2020, POS 2041 )
Cohort 3: Students first entering the SUS or FCS in summer B 2021 (on or after July 1, 2021) and thereafter	Complete both a course <b>and</b> exam (course options AMH 2020, POS 2041)

Additionally, the 2021 Legislature made two additional exceptions: approving the use of accelerated mechanisms for meeting the course competency requirement and exempting high school students who pass the Florida Civic Literacy Exam in high school from the postsecondary exam requirement. These two changes are in effect for Cohort 3.

There are multiple ways to satisfy this requirement. Students should work with their academic advisor to determine which option is best for their degree requirements/degree plan.

Additional information can be found on our [Civic Literacy](#) website, SUS regulation [BOG 8.006](#) and Florida Statute [s.1007.25\(4.a-b\)](#).

## Mathematics Pathway

Students are advised to complete the following courses to fulfill the mathematics pathway that aligns with the mathematics skills needed for success in their program and their career goals. Students should refer to their academic advisor for questions about the math pathway for their program. For information about this requirement, refer to the catalog page for [Mathematics Pathways](#). These courses may also fulfill requirements for General Education and Common Prerequisites.

Algebra through Calculus

MAC 1105	College Algebra	3
	or MAC 1105CCollege Algebra with Lab	
STA 2023	Elements of Statistics	3

Students will be placed on a starting point based on their mathematics placement.

## Common Prerequisites

State-mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. See the [Common Prerequisite Manual](#) for course substitutions from Florida colleges and universities.

BSC 1085+L	Anatomy and Physiology I (+Lab) *	4
	or APK 2100 Applied Human Anatomy and Physiology I & 2100L and Applied Human Anatomy and Physiology I Laboratory	
BSC 1086	Anatomy and Physiology II *	3-4
	or APK 2105 Applied Human Anatomy and Physiology II & 2105L and Applied Human Anatomy and Physiology II Laboratory	
EDF 1005	Introduction to Education	3
	Additional common prerequisite requirement: 4 credit hours of skill development in Physical Education **	4

**Total Hours** **14-15**

\* Indicates common prerequisites which can be used to satisfy General Education requirements. Note the alternatives APK 2100/APK 2100L and APK 2105/APK 2105L do not satisfy General Education requirements.

† Students must earn a "C-" or better in all common prerequisite courses.

++PET 4434 Youth Sport Pedagogy and PET 4820 Adolescent Sport Pedagogy will fulfill this requirement.

## Lower Division Electives

Students must complete sufficient 1000/2000 level electives to satisfy at least 60 semester hours (sh) in the lower division. Current UWF students may use elective courses at any level (1000-4000) to meet this elective requirement.

**Total Hours** **3-18**

## Major

ATR 2000	Basic Care and Prevention Principles of Athletic Training *	3
PET 2501	Sports Performance Analytics	3
PET 2001	Introduction to Sport Performance Studies	3
PEO 2510	Theory and Practice of Coaching Soccer *	1
PET 3123	Historical Foundations of Sport and Fitness	3
PET 3351C	Applied Exercise Physiology	3
PET 4310C	Mechanics of Human Motion	3
PET 4434	Youth Sport Pedagogy	3
PET 4820	Adolescent Sport Pedagogy *	3
ATR 3132	Functional Kinesiology	3
PET 3556C	Designing Resistance Training Programs	3
PET 4801	Sport Skill Acquisition and Motor Development	3
HUN 2201	Fundamentals of Human Nutrition	3
PET 3344C	Athletic Coaching Methods *	3
PET 3640	Adapted Physical Education and Sport	3
PET 4765	Theory and Practice of Coaching **	3
HSC 4300	Changing Health Behaviors	3
HSC 4581	Health Promotion and Planning	3
HLP 3300	Organization and Administration of Professional Programs *	3
PET 4940	Internship ^	1-6

**Total Hours** **56-61**

‡ All major courses included in the major GPA.

† Students must earn a "C-" or better in all major courses (UWF cumulative 2.00 GPA with a major GPA of 2.00).

\* These courses count towards a minor in Athletic Sport Coaching.

\*\* These courses count towards a minor in Sport and Exercise Psychology including PSY 2012.

^ Students must get approval from their academic advisor prior to registering for the internship.

## Major-Related

Choose two to three elective courses:	6-9
PSY 4832 Sport and Exercise Psychology **	3
SPM 4012 Sociology of Sport **	3
HSC 4104 Health Aspects of Stress Management	3
HSC 3406C Advanced First Aid and Emergency Care	3
APK 4114C Physiological Basis of Strength Development	3
APK 4610C Applied Resistance Training and Conditioning	3
HSC 4572 Nutrition and Health	3
EEX 3070 Methods in Inclusion and Collaboration	3
APK 4163 Sports Nutrition	3

† Students must earn a "C-" or better in all major-related courses.

\*\* These courses count towards a minor in Sport and Exercise Psychology including PSY 2012.

## Physical Education Specialization

Students interested in pursuing Physical Education careers beyond the public K-12 education system will be able to do so by enrolling in the Physical Education specialization. Graduates from this specialization will be able to pursue careers as teachers and sport coaches within private school physical education settings, early childhood physical education settings, and adult physical education, recreation, and fitness settings. Although the Physical Education specialization does not specifically prepare students for a state license as a certified physical education teacher, it may prepare students to pursue alternative state certification opportunities after they graduate.

In addition to the university's general requirements, students graduating with the B.S. in Health and Physical Education/Physical Education specialization must have a cumulative GPA of 2.50 or greater in all previously attempted college work.

For admission to their final internship, students must meet the requirements listed below:

- Grade of "C-" or higher in all courses used to fulfill major requirements
- At least a 2.00 GPA in the major
- Recommendations of academic advisor prior to registration for internship
- CPR/First Aid/AED Red Cross certificate

## General Education

In addition to the General Education requirements listed on this page, students must satisfy all additional University requirements, including the College-Level Communication and Computation, multicultural, and foreign language requirements. With appropriate planning and coordination with an academic advisor, students may satisfy some of the general University requirements through the General Education curriculum. For a complete listing of general degree requirements, refer to the [University Requirements](#) section of this catalog.

## General Education Curriculum:

### Communication

ENC 1101	English Composition I (Core)	3
ENC 1102	English Composition II (Breadth)	3

### Humanities

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

#### Group A (Core)

ARH 1000	Art Appreciation
LIT 2000	Introduction to Literature
MUL 2010	Music Appreciation
PHI 2010	Introduction to Philosophy
THE 2000	Theatre Appreciation

#### Group B (Breadth)

AML 2010	American Literature I
AML 2020	American Literature II
ARH 2050	Western Survey I: Prehistory to the Medieval Period
ARH 2051	Western Survey II: Renaissance to Contemporary
ART 1015C	Exploring Artistic Vision
ART 2821	The Self, Creativity, Your Career and Visual Culture
CRW 2001	Introduction to Creative Writing
ENL 2010	History of English Literature I
ENL 2020	History of English Literature II
IDH 1040	Honors Core: Humanities
LIT 2030	Introduction to Poetry
MUH 2930	The Music Experience: Special Topics
PHI 2103	Critical Thinking
PHI 2603	Ethics in Contemporary Society
REL 1300	World Religions
SPC 2608	Public Speaking
THE 2300	Survey of Dramatic Literature

### Mathematics

Choose one course from Group A (Core) and one Additional course from either Group A or Group B (Breadth) 6

#### Group A (Core)

MAC 1105	College Algebra
MAC 1105C	College Algebra with Lab
MAC 2311	Analytic Geometry and Calculus I
MGF 1130	Mathematical Thinking
STA 2023	Elements of Statistics

#### Group B (Breadth)

MAC 1114	Trigonometry
MAC 1140	Precalculus Algebra
MAC 1147	Precalculus with Trigonometry
MAC 2233	Calculus with Business Applications
MAC 2312	Analytic Geometry and Calculus II
MGF 1131	Mathematics in Context
STA 2360	Introduction to Data Science

## Natural Sciences

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

### Group A (Core)

AST 1002	Descriptive Astronomy
BSC 1005	General Biology for Non-Majors *
BSC 1085	Anatomy and Physiology I *
BSC 2010	Biology I
CHM 1020	Concepts in Chemistry *
CHM 2045	General Chemistry I *
ESC 2000	Introduction to Earth Science *
EVR 2001	Introduction to Environmental Science
GLY 2010	Physical Geology
PHY 1020	Conceptual Physics
PHY 2048	Calculus-Based Physics I ', **
PHY 2048C	Calculus-Based Physics I Studio ***
PHY 2053	Algebra-Based Physics I ', **

### Group B (Breadth)

ANT 2511	Biological Anthropology *
AST 2037	Life in the Universe
BOT 2010	General Botany
BSC 1050	Fundamentals of Ecology
BSC 1086	Anatomy and Physiology II *
BSC 2011	Biology II
BSC 2311	Introduction to Oceanography and Marine Biology *
CGS 2020	Introduction to Machine Learning
CHM 2046	General Chemistry II *
CIS 2530	Introduction to Cybersecurity
IDH 1043	Honors Core: Natural Sciences
MCB 1000	Fundamentals of Microbiology *
PHC 2082	Informatics and Your Health
PHY 2049	Calculus-Based Physics II ', **
PHY 2054	Algebra-Based Physics II ', **

\* May be taken with or without lab.

\*\* Algebra-Based Physics is usually recommended for non-science majors, while Calculus-Based Physics is recommended for science majors.

\*\*\*Although students receive 5 semester hours credit for PHY 2048C, an additional 3 semester science course will be needed to meet General Education requirements.

## Social Sciences

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

### Group A (Core)

AMH 2010	United States to 1877
AMH 2020	United States Since 1877
ANT 2000	Introduction to Anthropology
ECO 2013	Principles of Economics Macro
POS 2041	American Politics
PSY 2012	General Psychology

### Group B (Breadth)

ANT 2100	Introduction to Archaeology
ANT 2400	Current Cultural Issues
CCJ 2002	Survey of Crime and Justice
COM 2023	Death and Communication
CPO 2002	Comparative Politics
DEP 2004	Human Development Across the Lifespan
EUH 1000	Western Perspectives I
EUH 1001	Western Perspectives II
FIN 2104	Personal Financial Planning
GEA 2000	Nations and Regions of the World
GEB 1011	Introduction to Business
HIS 2050	Explore History: Special Topics
IDH 1041	Honors Core: Social Sciences
INR 2002	International Politics
MMC 2000	Principles of Mass Communication
PLA 2013	Survey of American Law
SOW 2192	Understanding Relationships in the 21st Century
SPM 2010	Sport in Global Society
SYG 2000	Introduction to Sociology
SYG 2010	Current Social Problems

## General Education Electives

Choose an additional course from two of the five areas of Communication, Mathematics, Social Sciences, Humanities, and Natural Sciences.

## Multicultural Requirement

### Multicultural Courses

An important component of a liberal education is the study of cultures other than one's own. As such, multiculturalism encompasses the appreciation of the values, expressions, and modes of organization of diverse cultural communities. To further such study, the University of West Florida requires all students pursuing a bachelor's degree to complete at least one course that explores one or more of the dimensions of another culture (language, religion, socio-economic structures, etc.). Students are exempt from this requirement if they have completed an A.A. degree, the general education program at a Florida public institution, or a baccalaureate degree.

The requirement is satisfied by the successful completion of a multicultural course designated on the following list. Several of the selections are General Education courses, and students may enroll in these to meet both the General Education and the multicultural requirements.

\*\*Passed by UWF Faculty Senate on 11/08/2002

This list is continually updated and students are encouraged to check with their advisors for alternative options.

AML 2010	American Literature I	3
AML 2020	American Literature II	3
AML 3604	African American Literature	3
AML 3624	Black Women Writers	3
AML 4015	Topics in Nineteenth-Century American Literature	3
AML 4640	Topics in Native American Literature	3

ANT 1001	Anthropology as a Profession	1	LAH 4451	Greater Mexico: Central America from Conquest to the 20th Century	3
ANT 2000	Introduction to Anthropology	3	LAH 4728	Gender and Sexuality in Latin America from Colonization to Today	3
ANT 2301	Human Sexuality and Culture	3	LIT 2000	Introduction to Literature	3
ANT 3212	Peoples and Cultures of the World	3	LIT 2030	Introduction to Poetry	3
ANT 3312	North American Indians	3	LIT 4036	Topics in Poetry and Poetics	3
ANT 3363	Japanese Culture	3	LIT 4385	Feminist Theory	3
ANT 4006	Anthropology of Human Rights	3	MAN 4102	Management of Diversity	3
ANT 4025	Ritual Use of Human Remains	3	MAR 4156	Seminar in International Marketing	3
ANT 4403	Environmental Anthropology	3	MMC 3743	Communicating Fear: Horror Films and Popular Culture	3
ANT 4516	Modern Human Physical Variation	3	MMC 3745	Communicating Fear Abroad: International Horror Films & Popular Culture	3
ARH 1000	Art Appreciation	3	MMC 4601	Minorities and the Mass Media	3
ARH 2050	Western Survey I: Prehistory to the Medieval Period	3	MUH 2930	The Music Experience: Special Topics	3
ARH 3201	Art and Culture in The Global Middle Ages	3	MUL 2010	Music Appreciation	3
ARH 2051	Western Survey II: Renaissance to Contemporary	3	NUR 4615	Patient Centered Population Health	3
ARH 3590	Non-Western Art	3	NUR 4636	Population-based Public Health Nursing	3
ARH 3607	Native American Art	3	PHI 3790	African Philosophy	3
ARH 4412	The Age of Revolution to Romanticism in Europe: 1750-1850	3	PUR 3404	International Public Relations	3
ARH 4450	Modern Art: 1850-1980	3	PSY 3860	Positive Psychology	3
ARH 4470	Contemporary Art	3	SOP 3730	Psychology, Culture, and Society	3
ARH 4563	Art of Japan	3	SOW 4233	Human Diversity and Social Justice	3
CCJ 3678	Race, Gender, Ethnicity, and Crime	3	SPN 3400	Advanced Stylistics	3
COM 3014	Gender Communication	3	SPN 4520	Latin American Culture and Civilization	3
COM 3461	Intercultural Communication	3	SYO 4421	Sociology of Health, Illness and Health Care	3
COM 4242	Communication and Christianity	3	SYO 4530	Inequality in America	3
CPO 2002	Comparative Politics	3			
CRW 2001	Introduction to Creative Writing	3			
EDF 2085	Teaching Diverse Populations	3			
ENG 4013	Introduction to Literary Theory	3			
ENL 2020	History of English Literature II	3			
EUH 1000	Western Perspectives I	3			
EUH 1001	Western Perspectives II	3			
EUH 3334	Emperors, Sultans, Dictators, and Democrats: The Balkans	3			
EUH 3411	Rome and the Mediterranean World	3			
EUH 3576	Soviet Union since 1917	3			
FOL 3501	Global Cinema	3			
GEA 2000	Nations and Regions of the World	3			
GEB 4361	International Business	3			
GEO 3421	Cultural Geography	3			
GEO 3471	Geography of World Affairs	3			
HSC 2622	Introduction to Global Health Sciences	3			
HIS 2050	Explore History: Special Topics	3			
HIS 4262	Rise and Fall of the Portuguese Empire	3			
IDH 1040	Honors Core: Humanities	3			
IDH 1041	Honors Core: Social Sciences	3			
INR 2002	International Politics	3			
LAH 4135	Spanish Conquest of the Americas	3			
LAH 4131	'Atlantic Indians': How Indigenous and African Peoples Shaped Europe & the Americas	3			

## Civic Literacy Requirement

The 2017 Florida Legislature amended [Section 1007.25, Florida Statutes](#), to require students **initially entering a State University System (SUS) and/or Florida College System (FCS) institution in 2018-2019** and thereafter to demonstrate competency in civic literacy. The 2021 Legislature further amended Florida Statutes, requiring students to complete both a civic literacy course and an exam. As a result, there are three cohorts of students currently matriculating at Florida public institutions subject to varying requirements. As demonstrated in the table below, the exact civic literacy requirements are based on the academic term in which a student first enrolled in a Florida public institution.

Students Included in Cohort	Civic Literacy Competency Requirement
Cohort 1: Students first entering the SUS or FCS prior to fall 2018	None
Cohort 2: Students first entering the SUS or FCS in fall 2018 – summer A 2021	Complete a course <b>or</b> exam (course options AMH 2020, POS 2041 )
Cohort 3: Students first entering the SUS or FCS in summer B 2021 (on or after July 1, 2021) and thereafter	Complete both a course <b>and</b> exam (course options AMH 2020, POS 2041)

Additionally, the 2021 Legislature made two additional exceptions: approving the use of accelerated mechanisms for meeting the course competency requirement and exempting high school students

who pass the Florida Civic Literacy Exam in high school from the postsecondary exam requirement. These two changes are in effect for Cohort 3.

There are multiple ways to satisfy this requirement. Students should work with their academic advisor to determine which option is best for their degree requirements/degree plan.

Additional information can be found on our [Civic Literacy](#) website, SUS regulation [BOG 8.006](#) and Florida Statute [s.1007.25\(4.a-b\)](#).

## Mathematics Pathway

Students are advised to complete the following courses to fulfill the mathematics pathway that aligns with the mathematics skills needed for success in their program and their career goals. Students should refer to their academic advisor for questions about the math pathway for their program. For information about this requirement, refer to the catalog page for [Mathematics Pathways](#). These courses may also fulfill requirements for General Education and Common Prerequisites.

Algebra through Calculus		
MAC 1105	College Algebra	3
	or MAC 1105CCollege Algebra with Lab	
STA 2023	Elements of Statistics	3
Students will be placed on a starting point based on their mathematics placement.		

## Common Prerequisites

State-mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. See the [Common Prerequisite Manual](#) for course substitutions from Florida colleges and universities.

BSC 1085+L	Anatomy and Physiology I (+Lab) *	4
	or APK 2100 Applied Human Anatomy and Physiology I & 2100L and Applied Human Anatomy and Physiology I Laboratory	
BSC 1086	Anatomy and Physiology II	3-4
	or APK 2105 Applied Human Anatomy and Physiology II & 2105L and Applied Human Anatomy and Physiology II Laboratory	
EDF 1005	Introduction to Education	3
Additional common prerequisite requirement: 4 credit hours of skill development in Physical Education **		4
<b>Total Hours</b>		<b>14-15</b>

\* Indicates common prerequisites which can be used to satisfy General Education requirements. Note the alternatives APK 2100/APK 2100L and APK 2105/APK 2105L do not satisfy General Education requirements.

\*\* Indicates a success marker course for the major, a grade of "C" or higher is required.

+PET 4434 Youth Sport Pedagogy and PET 4820 Adolescent Sport Pedagogy will fulfill this requirement.

## Major

PET 2001	Introduction to Sport Performance Studies	3
PET 3351C	Applied Exercise Physiology +	3

PET 3123	Historical Foundations of Sport and Fitness +	3
HLP 3300	Organization and Administration of Professional Programs +	3
PET 4434	Youth Sport Pedagogy +	3
PET 3344C	Athletic Coaching Methods +	3
PET 4310C	Mechanics of Human Motion +	3
PET 4820	Adolescent Sport Pedagogy +	3
PET 4801	Sport Skill Acquisition and Motor Development +	3
PET 3640	Adapted Physical Education and Sport +	3
PET 4940	Internship +	3-6

**Total Hours** **33-36**

## Major-Related

Choose from the following elective courses: 24-27

HSC 2100	Personal, Family and Community Health
PET 2501	Sports Performance Analytics
EDF 3234	Applied Foundations of Education
EDG 4323	Methods of K-12 Literacy Instruction
TSL 4080	ESOL Principles and Practices
EEX 3070	Methods in Inclusion and Collaboration
ATR 2000	Basic Care and Prevention Principles of Athletic Training
ATR 3132	Functional Kinesiology
HUN 2201	Fundamentals of Human Nutrition
HSC 4300	Changing Health Behaviors
HSC 4581	Health Promotion and Planning
PSY 4832	Sport and Exercise Psychology
PET 4948	Physical Education and Coaching Field Experience with PK - 12
<b>Total Hours</b>	<b>24-27</b>

+ Courses included in the major GPA.

## Electives for Graduation

Students must complete sufficient 1000/2000 level electives to satisfy at least 60 semester hours (sh) in the lower division. Current UWF students may use elective courses at any level (1000-4999) to meet this elective requirement. Students must also complete sufficient 3000/4000 level electives to meet UWF's requirement of 48 sh in the upper division or complete all departmental requirements at the 3000/4000 level, whichever is greater.

## Physical Education Teacher Education Specialization

Students interested in becoming certified Physical Education teachers in grades K-12 will be able to do so by enrolling in the Physical Education Teacher Education Specialization. The Physical Education Teacher Education specialization is a Florida Department of Education approved program and accredited by the Council for the Accreditation of Educator Preparation (CAEP).

In addition to the university's general requirements, students seeking admission to the B.S. in the Health and Physical Education/Physical

Education Teacher Education specialization must have a cumulative GPA of 2.50 or greater in all previously attempted college work and have passing scores on the General Knowledge test of the Florida Teacher Certification Exam.

For admission to student teaching, students must meet the requirements listed below:

- Grade of “C-” or higher in all major-related courses
- 2.50 or greater cumulative GPA
- Passing scores on the Professional Education Test, General Knowledge Exam, and the Physical Education Subject Area test of the Florida Teacher Certification Exam
- CPR/First Aid/AED Red Cross certificate
- Approval by the Physical Education Teacher Education Program Committee

### General Education

In addition to the General Education requirements listed on this page, students must satisfy all additional University requirements, including the College-Level Communication and Computation, multicultural, and foreign language requirements. With appropriate planning and coordination with an academic advisor, students may satisfy some of the general University requirements through the General Education curriculum. For a complete listing of general degree requirements, refer to the [University Requirements](#) section of this catalog.

### General Education Curriculum:

#### Communication

ENC 1101	English Composition I (Core)	3
ENC 1102	English Composition II (Breadth)	3

#### Humanities

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

Group A (Core)		
ARH 1000	Art Appreciation	
LIT 2000	Introduction to Literature	
MUL 2010	Music Appreciation	
PHI 2010	Introduction to Philosophy	
THE 2000	Theatre Appreciation	
Group B (Breadth)		
AML 2010	American Literature I	
AML 2020	American Literature II	
ARH 2050	Western Survey I: Prehistory to the Medieval Period	
ARH 2051	Western Survey II: Renaissance to Contemporary	
ART 1015C	Exploring Artistic Vision	
ART 2821	The Self, Creativity, Your Career and Visual Culture	
CRW 2001	Introduction to Creative Writing	
ENL 2010	History of English Literature I	
ENL 2020	History of English Literature II	
IDH 1040	Honors Core: Humanities	
LIT 2030	Introduction to Poetry	
MUH 2930	The Music Experience: Special Topics	
PHI 2103	Critical Thinking	

PHI 2603	Ethics in Contemporary Society
REL 1300	World Religions
SPC 2608	Public Speaking
THE 2300	Survey of Dramatic Literature

### Mathematics

Choose one course from Group A (Core) and one Additional course from either Group A or Group B (Breadth) 6

Group A (Core)	
MAC 1105	College Algebra
MAC 1105C	College Algebra with Lab
MAC 2311	Analytic Geometry and Calculus I
MGF 1130	Mathematical Thinking
STA 2023	Elements of Statistics
Group B (Breadth)	
MAC 1114	Trigonometry
MAC 1140	Precalculus Algebra
MAC 1147	Precalculus with Trigonometry
MAC 2233	Calculus with Business Applications
MAC 2312	Analytic Geometry and Calculus II
MGF 1131	Mathematics in Context
STA 2360	Introduction to Data Science

### Natural Sciences

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

Group A (Core)	
AST 1002	Descriptive Astronomy
BSC 1005	General Biology for Non-Majors *
BSC 1085	Anatomy and Physiology I *
BSC 2010	Biology I
CHM 1020	Concepts in Chemistry *
CHM 2045	General Chemistry I *
ESC 2000	Introduction to Earth Science *
EVR 2001	Introduction to Environmental Science
GLY 2010	Physical Geology
PHY 1020	Conceptual Physics
PHY 2048	Calculus-Based Physics I * **
PHY 2048C	Calculus-Based Physics I Studio ***
PHY 2053	Algebra-Based Physics I * **
Group B (Breadth)	
ANT 2511	Biological Anthropology *
AST 2037	Life in the Universe
BOT 2010	General Botany
BSC 1050	Fundamentals of Ecology
BSC 1086	Anatomy and Physiology II *
BSC 2011	Biology II
BSC 2311	Introduction to Oceanography and Marine Biology *
CGS 2020	Introduction to Machine Learning
CHM 2046	General Chemistry II *
CIS 2530	Introduction to Cybersecurity
IDH 1043	Honors Core: Natural Sciences *
MCB 1000	Fundamentals of Microbiology *

PHC 2082	Informatics and Your Health
PHY 2049	Calculus-Based Physics II * **
PHY 2054	Algebra-Based Physics II * **

\* May be taken with or without lab.

\*\* Algebra-Based Physics is usually recommended for non-science majors, while Calculus-Based Physics is recommended for science majors.

\*\*\*Although students receive 5 semester hours credit for PHY 2048C, an additional 3 semester science course will be needed to meet General Education requirements.

## Social Sciences

Choose one course from Group A (Core) and one additional course from either Group A or Group B (Breadth) 6

### Group A (Core)

AMH 2010	United States to 1877
AMH 2020	United States Since 1877
ANT 2000	Introduction to Anthropology
ECO 2013	Principles of Economics Macro
POS 2041	American Politics
PSY 2012	General Psychology

### Group B (Breadth)

ANT 2100	Introduction to Archaeology
ANT 2400	Current Cultural Issues
CCJ 2002	Survey of Crime and Justice
COM 2023	Death and Communication
CPO 2002	Comparative Politics
DEP 2004	Human Development Across the Lifespan
EUH 1000	Western Perspectives I
EUH 1001	Western Perspectives II
FIN 2104	Personal Financial Planning
GEA 2000	Nations and Regions of the World
GEB 1011	Introduction to Business
HIS 2050	Explore History: Special Topics
IDH 1041	Honors Core: Social Sciences
INR 2002	International Politics
MMC 2000	Principles of Mass Communication
PLA 2013	Survey of American Law
SOW 2192	Understanding Relationships in the 21st Century
SPM 2010	Sport in Global Society
SYG 2000	Introduction to Sociology
SYG 2010	Current Social Problems

## General Education Electives

Choose an additional course from two of the five areas of Communication, Mathematics, Social Sciences, Humanities, and Natural Sciences.

Physical Education Teacher Education Specialization majors should take BSC 1085 Anatomy and Physiology I to fulfill the natural sciences component.

## Multicultural Requirement

### Multicultural Courses

An important component of a liberal education is the study of cultures other than one's own. As such, multiculturalism encompasses the appreciation of the values, expressions, and modes of organization of diverse cultural communities. To further such study, the University of West Florida requires all students pursuing a bachelor's degree to complete at least one course that explores one or more of the dimensions of another culture (language, religion, socio-economic structures, etc.). Students are exempt from this requirement if they have completed an A.A. degree, the general education program at a Florida public institution, or a baccalaureate degree.

The requirement is satisfied by the successful completion of a multicultural course designated on the following list. Several of the selections are General Education courses, and students may enroll in these to meet both the General Education and the multicultural requirements.

*\*\*Passed by UWF Faculty Senate on 11/08/2002*

This list is continually updated and students are encouraged to check with their advisors for alternative options.

AML 2010	American Literature I	3
AML 2020	American Literature II	3
AML 3604	African American Literature	3
AML 3624	Black Women Writers	3
AML 4015	Topics in Nineteenth-Century American Literature	3
AML 4640	Topics in Native American Literature	3
ANT 1001	Anthropology as a Profession	1
ANT 2000	Introduction to Anthropology	3
ANT 2301	Human Sexuality and Culture	3
ANT 3212	Peoples and Cultures of the World	3
ANT 3312	North American Indians	3
ANT 3363	Japanese Culture	3
ANT 4006	Anthropology of Human Rights	3
ANT 4025	Ritual Use of Human Remains	3
ANT 4403	Environmental Anthropology	3
ANT 4516	Modern Human Physical Variation	3
ARH 1000	Art Appreciation	3
ARH 2050	Western Survey I: Prehistory to the Medieval Period	3
ARH 3201	Art and Culture in The Global Middle Ages	3
ARH 2051	Western Survey II: Renaissance to Contemporary	3
ARH 3590	Non-Western Art	3
ARH 3607	Native American Art	3
ARH 4412	The Age of Revolution to Romanticism in Europe: 1750-1850	3
ARH 4450	Modern Art: 1850-1980	3
ARH 4470	Contemporary Art	3
ARH 4563	Art of Japan	3
CCJ 3678	Race, Gender, Ethnicity, and Crime	3
COM 3014	Gender Communication	3
COM 3461	Intercultural Communication	3
COM 4242	Communication and Christianity	3

CPO 2002	Comparative Politics	3
CRW 2001	Introduction to Creative Writing	3
EDF 2085	Teaching Diverse Populations	3
ENG 4013	Introduction to Literary Theory	3
ENL 2020	History of English Literature II	3
EUH 1000	Western Perspectives I	3
EUH 1001	Western Perspectives II	3
EUH 3334	Emperors, Sultans, Dictators, and Democrats: The Balkans	3
EUH 3411	Rome and the Mediterranean World	3
EUH 3576	Soviet Union since 1917	3
FOL 3501	Global Cinema	3
GEA 2000	Nations and Regions of the World	3
GEB 4361	International Business	3
GEO 3421	Cultural Geography	3
GEO 3471	Geography of World Affairs	3
HSC 2622	Introduction to Global Health Sciences	3
HIS 2050	Explore History: Special Topics	3
HIS 4262	Rise and Fall of the Portuguese Empire	3
IDH 1040	Honors Core: Humanities	3
IDH 1041	Honors Core: Social Sciences	3
INR 2002	International Politics	3
LAH 4135	Spanish Conquest of the Americas	3
LAH 4131	'Atlantic Indians': How Indigenous and African Peoples Shaped Europe & the Americas	3
LAH 4451	Greater Mexico: Central America from Conquest to the 20th Century	3
LAH 4728	Gender and Sexuality in Latin America from Colonization to Today	3
LIT 2000	Introduction to Literature	3
LIT 2030	Introduction to Poetry	3
LIT 4036	Topics in Poetry and Poetics	3
LIT 4385	Feminist Theory	3
MAN 4102	Management of Diversity	3
MAR 4156	Seminar in International Marketing	3
MMC 3743	Communicating Fear: Horror Films and Popular Culture	3
MMC 3745	Communicating Fear Abroad: International Horror Films & Popular Culture	3
MMC 4601	Minorities and the Mass Media	3
MUH 2930	The Music Experience: Special Topics	3
MUL 2010	Music Appreciation	3
NUR 4615	Patient Centered Population Health	3
NUR 4636	Population-based Public Health Nursing	3
PHI 3790	African Philosophy	3
PUR 3404	International Public Relations	3
PSY 3860	Positive Psychology	3
SOP 3730	Psychology, Culture, and Society	3
SOW 4233	Human Diversity and Social Justice	3
SPN 3400	Advanced Stylistics	3
SPN 4520	Latin American Culture and Civilization	3

SYO 4421	Sociology of Health, Illness and Health Care	3
SYO 4530	Inequality in America	3

## Civic Literacy Requirement

The 2017 Florida Legislature amended [Section 1007.25, Florida Statutes](#), to require students **initially entering a State University System (SUS) and/or Florida College System (FCS) institution in 2018-2019** and thereafter to demonstrate competency in civic literacy. The 2021 Legislature further amended Florida Statutes, requiring students to complete both a civic literacy course and an exam. As a result, there are three cohorts of students currently matriculating at Florida public institutions subject to varying requirements. As demonstrated in the table below, the exact civic literacy requirements are based on the academic term in which a student first enrolled in a Florida public institution.

Students Included in Cohort	Civic Literacy Competency Requirement
Cohort 1: Students first entering the SUS or FCS prior to fall 2018	None
Cohort 2: Students first entering the SUS or FCS in fall 2018 – summer A 2021	Complete a course <b>or</b> exam (course options AMH 2020, POS 2041 )
Cohort 3: Students first entering the SUS or FCS in summer B 2021 (on or after July 1, 2021) and thereafter	Complete both a course <b>and</b> exam (course options AMH 2020, POS 2041)

Additionally, the 2021 Legislature made two additional exceptions: approving the use of accelerated mechanisms for meeting the course competency requirement and exempting high school students who pass the Florida Civic Literacy Exam in high school from the postsecondary exam requirement. These two changes are in effect for Cohort 3.

There are multiple ways to satisfy this requirement. Students should work with their academic advisor to determine which option is best for their degree requirements/degree plan.

Additional information can be found on our [Civic Literacy](#) website, SUS regulation [BOG 8.006](#) and Florida Statute [s.1007.25\(4,a-b\)](#).

## Mathematics Pathway

Students are advised to complete the following courses to fulfill the mathematics pathway that aligns with the mathematics skills needed for success in their program and their career goals. Students should refer to their academic advisor for questions about the math pathway for their program. For information about this requirement, refer to the catalog page for [Mathematics Pathways](#). These courses may also fulfill requirements for General Education and Common Prerequisites.

Algebra through Calculus		
MAC 1105	College Algebra	3
	or MAC 1105C College Algebra with Lab	
STA 2023	Elements of Statistics	3

Students will be placed on a starting point based on their mathematics placement.

## Common Prerequisites

State-mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. See

the [Common Prerequisite Manual](#) for course substitutions from Florida colleges and universities.

BSC 1085+L or APK 2100 & 2100L	Anatomy and Physiology I (+Lab) <sup>*</sup> Applied Human Anatomy and Physiology I and Applied Human Anatomy and Physiology I Laboratory	4
BSC 1086 or APK 2105 & 2105L	Anatomy and Physiology II <sup>*</sup> Applied Human Anatomy and Physiology II and Applied Human Anatomy and Physiology II Laboratory	3-4
EDF 1005	Introduction to Education <sup>**</sup>	3
Additional common prerequisite requirement: 4 credit hours of skill development in Physical Education <sup>++</sup>		4
<b>Total Hours</b>		<b>14-15</b>

\* Indicates common prerequisites which can be used to satisfy General Education requirements. Note the alternatives APK 2100/APK 2100L and APK 2105/APK 2105L do not satisfy General Education requirements.

\*\* Indicates a success marker course for the major, a grade of "C" or higher is required.

+PET 4434 Youth Sport Pedagogy and PET 4820 Adolescent Sport Pedagogy will fulfill this requirement.

## Major

PET 3351C	Applied Exercise Physiology <sup>+</sup>	3
PET 3123	Historical Foundations of Sport and Fitness <sup>+</sup>	3
HLP 3300	Organization and Administration of Professional Programs <sup>+</sup>	3
PET 4434	Youth Sport Pedagogy <sup>+</sup>	3
PET 3344C	Athletic Coaching Methods <sup>+</sup>	3
PET 4310C	Mechanics of Human Motion <sup>+</sup>	3
PET 4820	Adolescent Sport Pedagogy <sup>+</sup>	3
PET 4948	Physical Education and Coaching Field Experience with PK - 12 <sup>+</sup>	3
PET 3640	Adapted Physical Education and Sport <sup>+</sup>	3
PET 4801	Sport Skill Acquisition and Motor Development <sup>+</sup>	3
PET 2001	Introduction to Sport Performance Studies	3
<b>Total Hours</b>		<b>33</b>

## Major-Related

EDF 3234	Applied Foundations of Education	3
EDG 4323	Methods of K-12 Literacy Instruction	3
TSL 4080	ESOL Principles and Practices	3
EEX 3070	Methods in Inclusion and Collaboration	3
PET 4744	Student Teaching in Physical Education <sup>+</sup>	12
ATR 2000	Basic Care and Prevention Principles of Athletic Training	3
<b>Total Hours</b>		<b>27</b>

+ Courses included in the major GPA.

## Electives for Graduation

Students must complete sufficient 1000/2000 level electives to satisfy at least 60 semester hours in the lower division. Current UWF students may use elective courses at any level (1000-4999) to meet this elective requirement. Students must also complete sufficient 3000/4000 level electives to meet UWF's requirement of 48 semester hours in the upper division or complete all departmental requirements at the 3000/4000 level, whichever is greater.

Recommended electives:

ATR 3132	Functional Kinesiology
HSC 2100	Personal, Family and Community Health
HSC 4300	Changing Health Behaviors
HSC 4581	Health Promotion and Planning
PSY 4832	Sport and Exercise Psychology
PET 2501	Sports Performance Analytics
HUN 2201	Fundamentals of Human Nutrition

## Athletic Sport Coaching Minor

The 16-hour Minor in Athletic Sport Coaching is offered by the Department of Movement Sciences and Health. The minor is designed for those students interested in the practical, methodological, and psychological aspects of coaching athletic sports. This minor is available to all students. No directed study may be taken to fulfill the requirements for the minor. Completion of this minor may allow students to be eligible for FLDOE certification in Athletic Sport Coaching.

## Required Courses

ATR 2000	Basic Care and Prevention Principles of Athletic Training	3
HLP 3300	Organization and Administration of Professional Programs	3
PET 3344C	Athletic Coaching Methods	3
PET 4765	Theory and Practice of Coaching	3
PET 4820	Adolescent Sport Pedagogy	3
PEO 2510	Theory and Practice of Coaching Soccer	1
<b>Total Hours</b>		<b>16</b>