

Health and Physical Education

The B.S. in Health and Physical Education prepares students for positions in teaching, the health and fitness industry, recreation services and for graduate study.

Program Requirements

In addition to the university's general requirements, students seeking the B.S. degree in Health and Physical Education must meet the requirements listed below.

Students interested in the **Exercise Science** program should check the [Exercise Science section of this catalog](#).

Students in the **Fitness and Sport Coaching** specialization will complete an internship during their senior year. Requirements for admission to the internship are as follows:

- Grade of "C-" or higher in all courses used to fulfill major requirements
- At least a 2.00 GPA in the major
- Recommendations of academic advisor prior to registration for internship

Students in the **Physical Education Teacher Education** specialization will complete a student teaching experience during their senior year. Requirements for admission to the student teaching program are as follows:

- Grade of "C-" or higher in all major-related courses
- At least a 2.50 or greater major GPA
- Passing scores on the Professional Education Test, General Knowledge Exam, and the Physical Education Subject Area test of the Florida Teacher Certification Exam
- Approval by the Physical Education Teacher Education Program Committee

Students in the **Physical Education** specialization will complete a student teaching experience during their senior year. Requirements for admission to the student teaching program are as follows:

- Grade of "C-" or higher in all major-related courses
- At least a 2.50 or greater major GPA
- Approval by the Physical Education Teacher Education Program Committee

Fitness and Sport Coaching Specialization

The Fitness and Sport Coaching Specialization prepares students with a foundation of health, coaching, and pedagogical knowledge to pursue careers in fitness and sport coaching. Employment settings include high school and collegiate sport coaching, community and recreational athletics, physical activity and sport enhancement programs, public and private fitness related organizations, and corporate wellness settings. Coursework within the Fitness and Sport Coaching Specialization will focus on developing sport coaching leadership skills, content related to physical and cognitive sport performance, and overall health and wellness. Courses will involve hands-on, activity-based learning and experiences which will culminate in an internship designed to develop specific employment related skills.

General Education

In addition to the General Education requirements listed on this page, students must satisfy all additional University requirements, including the Gordon Rule, multicultural, and foreign language requirements. With appropriate planning and coordination with an academic advisor, students may satisfy some of the general University requirements through the General Education curriculum. For a complete listing of general degree requirements, refer to the "[University Requirements](#)" section of this catalog.

General Education Curriculum:

Communication

| | | |
|----------|------------------------|---|
| ENC 1101 | English Composition I | 3 |
| ENC 1102 | English Composition II | 3 |

Mathematics

Choose one course from Group A and one Additional course from either Group A or Group B

Group A

| | | |
|-----------|----------------------------------|--|
| MAC 1105 | College Algebra | |
| MAC 1105C | College Algebra with Lab | |
| MAC 2311 | Analytic Geometry and Calculus I | |
| MGF 1106 | Mathematics for Liberal Arts I | |
| MGF 1107 | Mathematics for Liberal Arts II | |
| STA 2023 | Elements of Statistics | |

Group B

| | | |
|----------|-------------------------------------|--|
| MAC 1114 | Trigonometry | |
| MAC 1140 | Precalculus Algebra | |
| MAC 1147 | Precalculus with Trigonometry | |
| MAC 2233 | Calculus with Business Applications | |
| MAC 2312 | Analytic Geometry and Calculus II | |
| STA 2360 | Introduction to Data Science | |

Social Sciences

Choose one course from Group A and one additional course from either Group A or Group B

Group A

| | | |
|----------|-------------------------------|--|
| AMH 2020 | United States since 1877 | |
| ANT 2000 | Introduction to Anthropology | |
| ECO 2013 | Principles of Economics Macro | |
| POS 2041 | American Politics | |
| PSY 2012 | General Psychology | |
| SYG 2000 | Introduction to Sociology | |

Group B

| | | |
|----------|---------------------------------------|--|
| AMH 2010 | United States to 1877 | |
| ANT 2100 | Introduction to Archaeology | |
| ANT 2400 | Current Cultural Issues | |
| CCJ 2002 | Survey of Crime and Justice | |
| COM 2023 | Death and Communication | |
| CPO 2002 | Comparative Politics | |
| DEP 2004 | Human Development Across the Lifespan | |
| EUH 1000 | Western Perspectives I | |
| EUH 1001 | Western Perspectives II | |
| FIN 2104 | Personal Financial Planning | |

| | |
|----------|---|
| GEA 2000 | Nations and Regions of the World |
| GEB 1011 | Introduction to Business |
| HIS 2050 | Explore! History |
| IDH 1041 | Honors Core 2 |
| INR 2002 | International Politics |
| MMC 2000 | Principles of Mass Communication |
| PLA 2013 | Survey of American Law |
| SOW 2192 | Understanding Relationships in the 21st Century |
| SPM 2010 | Sport in Global Society |
| SYG 2010 | Current Social Problems |

Humanities

Choose one course from Group A and one additional course from either Group A or Group B 6

| | |
|-----------|--|
| Group A | |
| ARH 1000 | Art Appreciation |
| LIT 2000 | Introduction to Literature |
| MUL 2010 | Music Appreciation |
| PHI 2010 | Introduction to Philosophy |
| THE 2000 | Theatre Appreciation |
| Group B | |
| AML 2010 | American Literature I |
| AML 2020 | American Literature II |
| AML 2072 | Sex, Money, and Power in American Literature |
| ARH 2050 | Western Survey I: Prehistory to the Medieval Period |
| ARH 2051 | Western Survey II: Renaissance to Contemporary |
| ART 1015C | Exploring Artistic Vision |
| ART 2821 | The Self, Creativity, Your Career and Visual Culture |
| CRW 2001 | Introduction to Creative Writing |
| ENL 2010 | History of English Literature I |
| ENL 2020 | History of English Literature II |
| IDH 1040 | Honors Core 1 |
| LIT 2030 | Introduction to Poetry |
| MUH 2930 | The Music Experience: Special Topics |
| PHI 2103 | Critical Thinking |
| PHI 2603 | Ethics in Contemporary Society |
| REL 1300 | World Religions |
| SPC 2608 | Basic Communication Skills |
| THE 2300 | Survey of Dramatic Literature |

Natural Sciences

Choose one course from Group A and one additional course from either Group A or Group B 6

| | |
|----------|----------------------------------|
| Group A | |
| AST 1002 | Descriptive Astronomy |
| BSC 1005 | General Biology for Non-Majors * |
| BSC 1085 | Anatomy and Physiology I * |
| BSC 2010 | Biology I |
| CHM 1020 | Concepts in Chemistry * |

| | |
|-----------|---|
| CHM 2045 | General Chemistry I * |
| ESC 2000 | Introduction to Earth Science * |
| EVR 2001 | Introduction to Environmental Science |
| PHY 1020 | Conceptual Physics |
| PHY 2048 | Calculus-Based Physics I *, ** |
| PHY 2048C | Calculus-Based Physics I Studio *** |
| PHY 2053 | Algebra-Based Physics I *, ** |
| Group B | |
| ANT 2511 | Biological Anthropology * |
| AST 2037 | Life in the Universe |
| BOT 2010 | General Botany |
| BSC 1050 | Fundamentals of Ecology |
| BSC 1086 | Anatomy and Physiology II * |
| BSC 2011 | Biology II |
| BSC 2311 | Introduction to Oceanography and Marine Biology * |
| CGS 2020 | Introduction to Machine Learning |
| CHM 2046 | General Chemistry II * |
| CIS 2530 | Introduction to Cybersecurity |
| GLY 2010 | Physical Geology * |
| MCB 1000 | Fundamentals of Microbiology * |
| PHC 2082 | Informatics and Your Health |
| PHY 2049 | Calculus-Based Physics II *, ** |
| PHY 2054 | Algebra-Based Physics II *, ** |

* May be taken with or without lab.

** Algebra-Based Physics is usually recommended for non-science majors, while Calculus-Based Physics is recommended for science majors

*** Although students receive 5 semester hours credit for PHY 2048C, an additional 3 semester science course will be needed to meet General Education requirements.

General Education Electives

Choose an additional course from two of the three areas of Humanities, Social Sciences, and Natural Sciences

Fitness and Sport Coaching majors should take APK 2100C Applied Human Anatomy and Physiology I with Laboratory/BSC 1085 Anatomy and Physiology I to fulfill the laboratory science component.

Multicultural Requirement

Multicultural Courses

An important component of a liberal education is the study of cultures other than one's own. As such, multiculturalism encompasses the appreciation of the values, expressions, and modes of organization of diverse cultural communities. To further such study, the University of West Florida requires all students pursuing a bachelor's degree to complete at least one course that explores one or more of the dimensions of another culture (language, religion, socio-economic structures, etc.). Students are exempt from this requirement if they have completed an A.A. degree, the general education program at a Florida public institution, or a baccalaureate degree.

The requirement is satisfied by the successful completion of a multicultural course designated on the following list. Several of the selections are General Education courses, and students may enroll

in these to meet both the General Education and the multicultural requirements.

****Passed by UWF Faculty Senate on 11/08/2002**

This list is continually updated and students are encouraged to check with their advisors for alternative options.

| | | |
|----------|---|---|
| AML 2010 | American Literature I | 3 |
| AML 2020 | American Literature II | 3 |
| AML 3604 | African American Literature | 3 |
| AML 3624 | Black Women Writers | 3 |
| AML 4015 | Topics in Nineteenth-Century American Literature | 3 |
| AML 4640 | Topics in Native American Literature | 3 |
| ANT 1001 | Anthropology as a Profession | 1 |
| ANT 2000 | Introduction to Anthropology | 3 |
| ANT 2301 | Human Sexuality and Culture | 3 |
| ANT 3212 | Peoples and Cultures of the World | 3 |
| ANT 3312 | North American Indians | 3 |
| ANT 3363 | Japanese Culture | 3 |
| ANT 3403 | Cultural Ecology | 3 |
| ANT 4006 | Anthropology of Human Rights | 3 |
| ANT 4025 | Ritual Use of Human Remains | 3 |
| ANT 4516 | Modern Human Physical Variation | 3 |
| ARH 1000 | Art Appreciation | 3 |
| ARH 2050 | Western Survey I: Prehistory to the Medieval Period | 3 |
| ARH 2051 | Western Survey II: Renaissance to Contemporary | 3 |
| ARH 3590 | Non-Western Art | 3 |
| ARH 3607 | Native American Art | 3 |
| ARH 4302 | Late Renaissance Art in Italy | 3 |
| ARH 4412 | The Age of Revolution to Romanticism in Europe: 1750-1850 | 3 |
| ARH 4450 | Modern Art: 1850-1980 | 3 |
| ARH 4470 | Contemporary Art | 3 |
| ARH 4563 | Art of Japan | 3 |
| CCJ 3678 | Race, Gender, Ethnicity, and Crime | 3 |
| COM 3014 | Gender Communication | 3 |
| COM 3461 | Intercultural Communication | 3 |
| COM 4242 | Communication and Christianity | 3 |
| CPO 2002 | Comparative Politics | 3 |
| CPO 4792 | Geopolitics | 3 |
| CRW 2001 | Introduction to Creative Writing | 3 |
| EDF 2085 | Teaching Diverse Populations | 3 |
| ENG 4013 | Introduction to Literary Theory | 3 |
| ENL 2020 | History of English Literature II | 3 |
| EUH 1000 | Western Perspectives I | 3 |
| EUH 1001 | Western Perspectives II | 3 |
| EUH 3203 | Modern Europe | 3 |
| EUH 3334 | Emperors, Sultans, Dictators, and Democrats: The Balkans | 3 |
| EUH 3411 | Rome and the Mediterranean World | 3 |
| EUH 3576 | Soviet Union since 1917 | 3 |

| | | |
|----------|---|-----|
| EUH 4563 | The Other Germany: The Lands of the Austrian Monarchy, 1526-1918 | 3 |
| FRE 4955 | Supervised Foreign Language Field Experience Abroad | 1-3 |
| GEA 2000 | Nations and Regions of the World | 3 |
| GEB 4361 | International Business | 3 |
| GEO 3421 | Cultural Geography | 3 |
| GEO 3471 | Geography of World Affairs | 3 |
| HIS 2050 | Explore! History | 3 |
| HIS 4262 | Rise and Fall of the Portuguese Empire | 3 |
| IDH 1040 | Honors Core 1 | 3 |
| IDH 1041 | Honors Core 2 | 3 |
| INR 2002 | International Politics | 3 |
| LAH 4135 | Spanish Conquest of the Americas | 3 |
| LAH 4131 | 'Atlantic Indians': How Indigenous and African Peoples Shaped Europe & the Americas | 3 |
| LAH 4451 | Greater Mexico: Central America from Conquest to the 20th Century | 3 |
| LAH 4728 | Gender and Sexuality in Latin America from Colonization to Today | 3 |
| LIT 2000 | Introduction to Literature | 3 |
| LIT 2030 | Introduction to Poetry | 3 |
| LIT 3233 | Postcolonial Literature | 3 |
| LIT 4036 | Topics in Poetry and Poetics | 3 |
| LIT 4385 | Feminist Theory | 3 |
| MAN 4102 | Management of Diversity | 3 |
| MAR 4156 | Seminar in International Marketing | 3 |
| MMC 3743 | Communicating Fear: Horror Films and Popular Culture | 3 |
| MMC 3745 | Communicating Fear Abroad: International Horror Films & Popular Culture | 3 |
| MUH 2930 | The Music Experience: Special Topics | 3 |
| MUL 2010 | Music Appreciation | 3 |
| NUR 4615 | Community and Public Health Nursing | 3 |
| NUR 4636 | Population-based Public Health Nursing | 3 |
| PHI 3790 | African Philosophy | 3 |
| PUR 3404 | International Public Relations | 3 |
| PSY 3860 | Positive Psychology | 3 |
| SOP 3730 | Psychology, Culture, and Society | 3 |
| SOW 4233 | Human Diversity and Social Justice | 3 |
| SPN 3400 | Advanced Stylistics | 3 |
| SPN 4520 | Latin American Culture and Civilization | 3 |
| SYO 4421 | Sociology of Health, Illness and Health Care | 3 |
| SYO 4530 | Inequality in America | 3 |

Civic Literacy Requirement

The 2017 Florida Legislature amended [Section 1007.25, Florida Statutes](#), to require students **initially entering a State University System (SUS) and/or Florida College System (FCS) institution in 2018-2019** and thereafter to demonstrate competency in civic literacy.

The 2021 Legislature further amended Florida Statutes, requiring students to complete both a civic literacy course and exam. As a result, there are three cohorts of students currently matriculating at Florida public institutions subject to varying requirements. As demonstrated

in the table below, the exact civic literacy requirements are based on the academic term in which a student first enrolled in a Florida public institution.

| Students Included in Cohort | Civic Literacy Competency Requirement |
|---|--|
| Cohort 1: Students first entering the SUS or FCS prior to fall 2018 | None |
| Cohort 2: Students first entering the SUS or FCS in fall 2018 – summer A 2021 | Complete a course or exam |
| Cohort 3: Students first entering the SUS or FCS in summer B 2021 (on or after July 1, 2021) and thereafter | Complete both a course and exam |

Additionally, the 2021 Legislature made two additional exceptions: approving the use of accelerated mechanisms for meeting the course competency requirement and exempting high school students who pass the Florida Civic Literacy Exam in high school from the postsecondary exam requirement. These two changes are in effect for Cohort 3.

There are multiple ways to satisfy this requirement. Students should work with their academic advisor to determine which option is best for their degree requirements/degree plan.

Additional information can be found on our [Civic Literacy](#) website.

*BOG 8.006; s.1007.25(4.a-b)

Common Prerequisites

State-mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. See the [Common Prerequisite Manual](#) for course substitutions from Florida colleges and universities.

| | | |
|--------------------|--|--------------|
| BSC 1085+L | Anatomy and Physiology I (+Lab) * | 4 |
| | or APK 2100C Applied Human Anatomy and Physiology I with Laboratory | |
| BSC 1086 | Anatomy and Physiology II * | 3-4 |
| | or APK 2105C Applied Human Anatomy and Physiology II with Laboratory | |
| PET 2824 | Analysis of Team Sports | 3 |
| EDF 1005 | Introduction to Education | 3 |
| PEO 2031 | Analysis of Individual Sports | 3 |
| Total Hours | | 16-17 |

* Indicates common prerequisites which can be used to satisfy General Education requirements.

† Students must earn a C- or better in all common prerequisite courses.

Lower Division Electives

Students must complete sufficient 1000/2000 level electives to satisfy at least 60 sh in the lower division. Current UWF students may use elective courses at any level (1000-4000) to meet this elective requirement.

Total Hours 4-8

Major

| | | |
|--------------------|---|--------------|
| ATR 2000 | Basic Care and Prevention Principles of Athletic Training * | 3 |
| PEO 2510 | Theory and Practice of Coaching Soccer * | 1 |
| PET 3123 | Historical Foundations of Sport and Fitness | 3 |
| PET 3351C | Applied Exercise Physiology | 3 |
| PET 4310C | Mechanics of Human Motion | 3 |
| PET 4434 | Pediatric Sport Pedagogy | 3 |
| PET 4820 | Adolescent Sport Pedagogy * | 3 |
| ATR 3132 | Functional Kinesiology | 3 |
| PET 3556C | Designing Resistance Training Programs | 3 |
| PET 4801 | Sport Skill Acquisition and Motor Development | 3 |
| HUN 2201 | Fundamentals of Human Nutrition | 3 |
| APK 4163 | Sports Nutrition | 3 |
| PET 3344C | Athletic Coaching Methods * | 3 |
| PET 3640 | Adapted Physical Education and Sport | 3 |
| PET 4765 | Theory and Practice of Coaching *** | 3 |
| HSC 4300 | Changing Health Behaviors | 3 |
| HSC 4581 | Health Promotion and Planning | 3 |
| HLP 3300 | Organization and Administration of Professional Programs * | 3 |
| PET 4940 | Internship ^ | 1-6 |
| Total Hours | | 53-58 |

‡ All major courses included in the major GPA.

† Students must earn a C- or better in all major courses (UWF cumulative 2.00 GPA with a major GPA of 2.00).

* These courses count towards a minor in Athletic Sport Coaching.

** These courses count towards a minor in Sport and Exercise Psychology including PSY 2012.

^ Students must get approval from their academic advisor prior to registering for internship.

Major-Related

| | | |
|--------------------------------------|--|-----|
| Choose two to three elective courses | | 2-7 |
| PSY 4832 | Sport and Exercise Psychology ** | 3 |
| SPM 4012 | Sociology of Sport ** | 3 |
| HSC 4104 | Health Aspects of Stress Management | 3 |
| HSC 3406C | Advanced First Aid and Emergency Care | 3 |
| APK 4409 | Success in Sports ** | 3 |
| APK 4114C | Physiological Basis of Strength Development | 3 |
| APK 4610C | Applied Resistance Training and Conditioning | 3 |
| HSC 4572 | Nutrition and Health | 3 |
| EEX 3070 | Methods in Inclusion and Collaboration | 3 |

† Students must earn a C- or better in all major-related courses.

** These courses count towards a minor in Sport and Exercise Psychology including PSY 2012.

Physical Education Specialization

Students interested in pursuing Physical Education careers beyond the public K-12 education system, will be able to do so by enrolling in the

Physical Education specialization. Graduates from this specialization will be able to pursue careers as teachers and sport coaches within private school physical education settings, early childhood physical education settings, and adult physical education, recreation, and fitness settings. Although the Physical Education specialization does not specifically prepare students for a state license as a certified physical education teacher, it may prepare students to pursue alternative state certification opportunities after they graduate.

In addition to the university's general requirements, students graduating within the B.S. in the Health and Physical Education/Physical Education specialization must have a cumulative GPA of 2.50 or greater in all previously attempted college work.

For admission to their final internship, students must meet the requirements listed below:

- 2.50 or greater cumulative GPA
- CPR/First Aid/AED Red Cross certificate

General Education

In addition to the General Education requirements listed on this page, students must satisfy all additional University requirements, including the Gordon Rule, multicultural, and foreign language requirements. With appropriate planning and coordination with an academic advisor, students may satisfy some of the general University requirements through the General Education curriculum. For a complete listing of general degree requirements, refer to the "University Requirements" section of this catalog.

General Education Curriculum:

Communication

| | | |
|----------|------------------------|---|
| ENC 1101 | English Composition I | 3 |
| ENC 1102 | English Composition II | 3 |

Mathematics

Choose one course from Group A and one Additional course from either Group A or Group B 6

| | | |
|-----------|-------------------------------------|--|
| Group A | | |
| MAC 1105 | College Algebra | |
| MAC 1105C | College Algebra with Lab | |
| MAC 2311 | Analytic Geometry and Calculus I | |
| MGF 1106 | Mathematics for Liberal Arts I | |
| MGF 1107 | Mathematics for Liberal Arts II | |
| STA 2023 | Elements of Statistics | |
| Group B | | |
| MAC 1114 | Trigonometry | |
| MAC 1140 | Precalculus Algebra | |
| MAC 1147 | Precalculus with Trigonometry | |
| MAC 2233 | Calculus with Business Applications | |
| MAC 2312 | Analytic Geometry and Calculus II | |
| STA 2360 | Introduction to Data Science | |

Social Sciences

Choose one course from Group A and one additional course from either Group A or Group B 6

| | | |
|----------|-------------------------------|--|
| Group A | | |
| AMH 2020 | United States since 1877 | |
| ANT 2000 | Introduction to Anthropology | |
| ECO 2013 | Principles of Economics Macro | |

| | |
|----------|---|
| POS 2041 | American Politics |
| PSY 2012 | General Psychology |
| SYG 2000 | Introduction to Sociology |
| Group B | |
| AMH 2010 | United States to 1877 |
| ANT 2100 | Introduction to Archaeology |
| ANT 2400 | Current Cultural Issues |
| CCJ 2002 | Survey of Crime and Justice |
| COM 2023 | Death and Communication |
| CPO 2002 | Comparative Politics |
| DEP 2004 | Human Development Across the Lifespan |
| EUH 1000 | Western Perspectives I |
| EUH 1001 | Western Perspectives II |
| FIN 2104 | Personal Financial Planning |
| GEA 2000 | Nations and Regions of the World |
| GEB 1011 | Introduction to Business |
| HIS 2050 | Explore! History |
| IDH 1041 | Honors Core 2 |
| INR 2002 | International Politics |
| MMC 2000 | Principles of Mass Communication |
| PLA 2013 | Survey of American Law |
| SOW 2192 | Understanding Relationships in the 21st Century |
| SPM 2010 | Sport in Global Society |
| SYG 2010 | Current Social Problems |

Humanities

Choose one course from Group A and one additional course from either Group A or Group B 6

| | |
|-----------|--|
| Group A | |
| ARH 1000 | Art Appreciation |
| LIT 2000 | Introduction to Literature |
| MUL 2010 | Music Appreciation |
| PHI 2010 | Introduction to Philosophy |
| THE 2000 | Theatre Appreciation |
| Group B | |
| AML 2010 | American Literature I |
| AML 2020 | American Literature II |
| AML 2072 | Sex, Money, and Power in American Literature |
| ARH 2050 | Western Survey I: Prehistory to the Medieval Period |
| ARH 2051 | Western Survey II: Renaissance to Contemporary |
| ART 1015C | Exploring Artistic Vision |
| ART 2821 | The Self, Creativity, Your Career and Visual Culture |
| CRW 2001 | Introduction to Creative Writing |
| ENL 2010 | History of English Literature I |
| ENL 2020 | History of English Literature II |
| IDH 1040 | Honors Core 1 |
| LIT 2030 | Introduction to Poetry |
| MUH 2930 | The Music Experience: Special Topics |
| PHI 2103 | Critical Thinking |

| | |
|----------|--------------------------------|
| PHI 2603 | Ethics in Contemporary Society |
| REL 1300 | World Religions |
| SPC 2608 | Basic Communication Skills |
| THE 2300 | Survey of Dramatic Literature |

Natural Sciences

Choose one course from Group A and one additional course from either Group A or Group B 6

| | |
|-----------|---------------------------------------|
| Group A | |
| AST 1002 | Descriptive Astronomy |
| BSC 1005 | General Biology for Non-Majors * |
| BSC 1085 | Anatomy and Physiology I * |
| BSC 2010 | Biology I |
| CHM 1020 | Concepts in Chemistry * |
| CHM 2045 | General Chemistry I * |
| ESC 2000 | Introduction to Earth Science * |
| EVR 2001 | Introduction to Environmental Science |
| PHY 1020 | Conceptual Physics |
| PHY 2048 | Calculus-Based Physics I *, ** |
| PHY 2048C | Calculus-Based Physics I Studio *** |
| PHY 2053 | Algebra-Based Physics I *, ** |

| | |
|----------|---|
| Group B | |
| ANT 2511 | Biological Anthropology * |
| AST 2037 | Life in the Universe |
| BOT 2010 | General Botany |
| BSC 1050 | Fundamentals of Ecology |
| BSC 1086 | Anatomy and Physiology II * |
| BSC 2011 | Biology II |
| BSC 2311 | Introduction to Oceanography and Marine Biology * |
| CGS 2020 | Introduction to Machine Learning |
| CHM 2046 | General Chemistry II * |
| CIS 2530 | Introduction to Cybersecurity |
| GLY 2010 | Physical Geology * |
| MCB 1000 | Fundamentals of Microbiology * |
| PHC 2082 | Informatics and Your Health |
| PHY 2049 | Calculus-Based Physics II *, ** |
| PHY 2054 | Algebra-Based Physics II *, ** |

* May be taken with or without lab.

** Algebra-Based Physics is usually recommended for non-science majors, while Calculus-Based Physics is recommended for science majors

*** Although students receive 5 semester hours credit for PHY 2048C, an additional 3 semester science course will be needed to meet General Education requirements.

General Education Electives

Choose an additional course from two of the three areas of Humanities, Social Sciences, and Natural Sciences

Physical Education Teacher Education Specialization majors should take BSC 1085 Anatomy and Physiology I/APK 2100C Applied Human Anatomy and Physiology I with Laboratory to fulfill the laboratory science component.

Multicultural Requirement

Multicultural Courses

An important component of a liberal education is the study of cultures other than one's own. As such, multiculturalism encompasses the appreciation of the values, expressions, and modes of organization of diverse cultural communities. To further such study, the University of West Florida requires all students pursuing a bachelor's degree to complete at least one course that explores one or more of the dimensions of another culture (language, religion, socio-economic structures, etc.). Students are exempt from this requirement if they have completed an A.A. degree, the general education program at a Florida public institution, or a baccalaureate degree.

The requirement is satisfied by the successful completion of a multicultural course designated on the following list. Several of the selections are General Education courses, and students may enroll in these to meet both the General Education and the multicultural requirements.

**Passed by UWF Faculty Senate on 11/08/2002

This list is continually updated and students are encouraged to check with their advisors for alternative options.

| | | |
|----------|---|---|
| AML 2010 | American Literature I | 3 |
| AML 2020 | American Literature II | 3 |
| AML 3604 | African American Literature | 3 |
| AML 3624 | Black Women Writers | 3 |
| AML 4015 | Topics in Nineteenth-Century American Literature | 3 |
| AML 4640 | Topics in Native American Literature | 3 |
| ANT 1001 | Anthropology as a Profession | 1 |
| ANT 2000 | Introduction to Anthropology | 3 |
| ANT 2301 | Human Sexuality and Culture | 3 |
| ANT 3212 | Peoples and Cultures of the World | 3 |
| ANT 3312 | North American Indians | 3 |
| ANT 3363 | Japanese Culture | 3 |
| ANT 3403 | Cultural Ecology | 3 |
| ANT 4006 | Anthropology of Human Rights | 3 |
| ANT 4025 | Ritual Use of Human Remains | 3 |
| ANT 4516 | Modern Human Physical Variation | 3 |
| ARH 1000 | Art Appreciation | 3 |
| ARH 2050 | Western Survey I: Prehistory to the Medieval Period | 3 |
| ARH 2051 | Western Survey II: Renaissance to Contemporary | 3 |
| ARH 3590 | Non-Western Art | 3 |
| ARH 3607 | Native American Art | 3 |
| ARH 4302 | Late Renaissance Art in Italy | 3 |
| ARH 4412 | The Age of Revolution to Romanticism in Europe: 1750-1850 | 3 |
| ARH 4450 | Modern Art: 1850-1980 | 3 |
| ARH 4470 | Contemporary Art | 3 |
| ARH 4563 | Art of Japan | 3 |
| CCJ 3678 | Race, Gender, Ethnicity, and Crime | 3 |
| COM 3014 | Gender Communication | 3 |
| COM 3461 | Intercultural Communication | 3 |
| COM 4242 | Communication and Christianity | 3 |

| | | |
|----------|---|-----|
| CPO 2002 | Comparative Politics | 3 |
| CPO 4792 | Geopolitics | 3 |
| CRW 2001 | Introduction to Creative Writing | 3 |
| EDF 2085 | Teaching Diverse Populations | 3 |
| ENG 4013 | Introduction to Literary Theory | 3 |
| ENL 2020 | History of English Literature II | 3 |
| EUH 1000 | Western Perspectives I | 3 |
| EUH 1001 | Western Perspectives II | 3 |
| EUH 3203 | Modern Europe | 3 |
| EUH 3334 | Emperors, Sultans, Dictators, and Democrats: The Balkans | 3 |
| EUH 3411 | Rome and the Mediterranean World | 3 |
| EUH 3576 | Soviet Union since 1917 | 3 |
| EUH 4563 | The Other Germany: The Lands of the Austrian Monarchy, 1526-1918 | 3 |
| FRE 4955 | Supervised Foreign Language Field Experience Abroad | 1-3 |
| GEA 2000 | Nations and Regions of the World | 3 |
| GEB 4361 | International Business | 3 |
| GEO 3421 | Cultural Geography | 3 |
| GEO 3471 | Geography of World Affairs | 3 |
| HIS 2050 | Explore! History | 3 |
| HIS 4262 | Rise and Fall of the Portuguese Empire | 3 |
| IDH 1040 | Honors Core 1 | 3 |
| IDH 1041 | Honors Core 2 | 3 |
| INR 2002 | International Politics | 3 |
| LAH 4135 | Spanish Conquest of the Americas | 3 |
| LAH 4131 | 'Atlantic Indians': How Indigenous and African Peoples Shaped Europe & the Americas | 3 |
| LAH 4451 | Greater Mexico: Central America from Conquest to the 20th Century | 3 |
| LAH 4728 | Gender and Sexuality in Latin America from Colonization to Today | 3 |
| LIT 2000 | Introduction to Literature | 3 |
| LIT 2030 | Introduction to Poetry | 3 |
| LIT 3233 | Postcolonial Literature | 3 |
| LIT 4036 | Topics in Poetry and Poetics | 3 |
| LIT 4385 | Feminist Theory | 3 |
| MAN 4102 | Management of Diversity | 3 |
| MAR 4156 | Seminar in International Marketing | 3 |
| MMC 3743 | Communicating Fear: Horror Films and Popular Culture | 3 |
| MMC 3745 | Communicating Fear Abroad: International Horror Films & Popular Culture | 3 |
| MUH 2930 | The Music Experience: Special Topics | 3 |
| MUL 2010 | Music Appreciation | 3 |
| NUR 4615 | Community and Public Health Nursing | 3 |
| NUR 4636 | Population-based Public Health Nursing | 3 |
| PHI 3790 | African Philosophy | 3 |
| PUR 3404 | International Public Relations | 3 |
| PSY 3860 | Positive Psychology | 3 |
| SOP 3730 | Psychology, Culture, and Society | 3 |
| SOW 4233 | Human Diversity and Social Justice | 3 |

| | | |
|----------|--|---|
| SPN 3400 | Advanced Stylistics | 3 |
| SPN 4520 | Latin American Culture and Civilization | 3 |
| SYO 4421 | Sociology of Health, Illness and Health Care | 3 |
| SYO 4530 | Inequality in America | 3 |

Civic Literacy Requirement

The 2017 Florida Legislature amended [Section 1007.25, Florida Statutes](#), to require students **initially entering a State University System (SUS) and/or Florida College System (FCS) institution in 2018-2019** and thereafter to demonstrate competency in civic literacy.

The 2021 Legislature further amended Florida Statutes, requiring students to complete both a civic literacy course and exam. As a result, there are three cohorts of students currently matriculating at Florida public institutions subject to varying requirements. As demonstrated in the table below, the exact civic literacy requirements are based on the academic term in which a student first enrolled in a Florida public institution.

| Students Included in Cohort | Civic Literacy Competency Requirement |
|---|--|
| Cohort 1: Students first entering the SUS or FCS prior to fall 2018 | None |
| Cohort 2: Students first entering the SUS or FCS in fall 2018 – summer A 2021 | Complete a course or exam |
| Cohort 3: Students first entering the SUS or FCS in summer B 2021 (on or after July 1, 2021) and thereafter | Complete both a course and exam |

Additionally, the 2021 Legislature made two additional exceptions: approving the use of accelerated mechanisms for meeting the course competency requirement and exempting high school students who pass the Florida Civic Literacy Exam in high school from the postsecondary exam requirement. These two changes are in effect for Cohort 3.

There are multiple ways to satisfy this requirement. Students should work with their academic advisor to determine which option is best for their degree requirements/degree plan.

Additional information can be found on our [Civic Literacy](#) website.

*[BOG 8.006; s.1007.25\(4,a-b\)](#)

Common Prerequisites

State-mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. See the [Common Prerequisite Manual](#) for course substitutions from Florida colleges and universities.

| | | |
|------------|--|-----|
| BSC 1085+L | Anatomy and Physiology I (+Lab) * | 4 |
| | or APK 2100C Applied Human Anatomy and Physiology I with Laboratory | |
| BSC 1086 | Anatomy and Physiology II | 3-4 |
| | or APK 2105C Applied Human Anatomy and Physiology II with Laboratory | |
| EDF 1005 | Introduction to Education ** | 3 |
| PEO 2031 | Analysis of Individual Sports ** | 3 |
| PET 2824 | Analysis of Team Sports ** | 3 |

Total Hours 16-17

* Indicates common prerequisites which can be used to satisfy General Education requirements.

** Indicates a success marker course for the major, a grade of "C" or higher is required.

Major

| | | |
|-----------|--|------|
| PET 3351C | Applied Exercise Physiology ⁺ | 3 |
| PET 3123 | Historical Foundations of Sport and Fitness ⁺ | 3 |
| HLP 3300 | Organization and Administration of Professional Programs ⁺ | 3 |
| PET 4434 | Pediatric Sport Pedagogy ⁺ | 3 |
| PET 3344C | Athletic Coaching Methods ⁺ | 3 |
| PET 4310C | Mechanics of Human Motion ⁺ | 3 |
| PET 4820 | Adolescent Sport Pedagogy ⁺ | 3 |
| PET 4948 | Physical Education and Coaching Field Experience with PK - 12 ⁺ | 3 |
| PET 4744 | Student Teaching in Physical Education | 6-12 |
| PET 4801 | Sport Skill Acquisition and Motor Development | 3 |
| PET 3640 | Adapted Physical Education and Sport ⁺ | 3 |

Total Hours **36-42**

Major-Related

| | | |
|-------------------|---|---|
| EDF 3234 | Applied Foundations of Education | 3 |
| EDG 4323 | Methods of K-12 Literacy Instruction | 3 |
| TSL 4080 | ESOL Principles and Practices | 3 |
| EEX 3070 | Methods in Inclusion and Collaboration | 3 |
| ATR 2000 | Basic Care and Prevention Principles of Athletic Training | 3 |
| HSC 2100 | Personal Health | 3 |
| Optional courses: | | 0 |
| ATR 3132 | Functional Kinesiology | |
| PET 4940 | Internship | |
| HUN 2201 | Fundamentals of Human Nutrition | |
| HSC 4300 | Changing Health Behaviors | |
| HSC 4581 | Health Promotion and Planning | |
| PSY 4832 | Sport and Exercise Psychology | |

Total Hours **18**

+ Courses included in the major GPA

Upper Division Electives

Students must complete sufficient 3000/4000 level electives to meet UWF's requirement of 48 semester hours in the upper division or complete all departmental requirements at the 3000/4000 level, whichever is greater.

Total Hours **0-14**

Physical Education Teacher Education Specialization

Students interested in becoming certified Physical Education teachers in grades K-12 will be able to do so by enrolling in the Physical Education Teacher Education Specialization. The Physical Education Teacher Education specialization is a Florida Department of Education

approved program and accredited by the Council for the Accreditation of Educator Preparation (CAEP).

In addition to the university's general requirements, students seeking admission to the B.S. in the Health and Physical Education/Physical Education Teacher Education specialization must have a cumulative GPA of 2.50 or greater in all previously attempted college work and have passing scores on the General Knowledge test of the Florida Teacher Certification Exam.

For admission to student teaching, students must meet the requirements listed below:

- Grade of "C-" or higher in all major related courses
- 2.50 or greater cumulative GPA
- Passing scores on the Professional Education Test, General Knowledge Exam, and the Physical Education Subject Area test of the Florida Teacher Certification Exam
- CPR/First Aid/AED Red Cross certificate
- Approval by the Physical Education Teacher Education Program Committee

General Education

In addition to the General Education requirements listed on this page, students must satisfy all additional University requirements, including the Gordon Rule, multicultural, and foreign language requirements. With appropriate planning and coordination with an academic advisor, students may satisfy some of the general University requirements through the General Education curriculum. For a complete listing of general degree requirements, refer to the "[University Requirements](#)" section of this catalog.

General Education Curriculum:

Communication

| | | |
|----------|------------------------|---|
| ENC 1101 | English Composition I | 3 |
| ENC 1102 | English Composition II | 3 |

Mathematics

Choose one course from Group A and one Additional course from either Group A or Group B

Group A

| | | |
|-----------|----------------------------------|--|
| MAC 1105 | College Algebra | |
| MAC 1105C | College Algebra with Lab | |
| MAC 2311 | Analytic Geometry and Calculus I | |
| MGF 1106 | Mathematics for Liberal Arts I | |
| MGF 1107 | Mathematics for Liberal Arts II | |
| STA 2023 | Elements of Statistics | |

Group B

| | | |
|----------|-------------------------------------|--|
| MAC 1114 | Trigonometry | |
| MAC 1140 | Precalculus Algebra | |
| MAC 1147 | Precalculus with Trigonometry | |
| MAC 2233 | Calculus with Business Applications | |
| MAC 2312 | Analytic Geometry and Calculus II | |
| STA 2360 | Introduction to Data Science | |

Social Sciences

Choose one course from Group A and one additional course from either Group A or Group B

Group A

| | |
|----------------|---|
| AMH 2020 | United States since 1877 |
| ANT 2000 | Introduction to Anthropology |
| ECO 2013 | Principles of Economics Macro |
| POS 2041 | American Politics |
| PSY 2012 | General Psychology |
| SYG 2000 | Introduction to Sociology |
| Group B | |
| AMH 2010 | United States to 1877 |
| ANT 2100 | Introduction to Archaeology |
| ANT 2400 | Current Cultural Issues |
| CCJ 2002 | Survey of Crime and Justice |
| COM 2023 | Death and Communication |
| CPO 2002 | Comparative Politics |
| DEP 2004 | Human Development Across the Lifespan |
| EUH 1000 | Western Perspectives I |
| EUH 1001 | Western Perspectives II |
| FIN 2104 | Personal Financial Planning |
| GEA 2000 | Nations and Regions of the World |
| GEB 1011 | Introduction to Business |
| HIS 2050 | Explore! History |
| IDH 1041 | Honors Core 2 |
| INR 2002 | International Politics |
| MMC 2000 | Principles of Mass Communication |
| PLA 2013 | Survey of American Law |
| SOW 2192 | Understanding Relationships in the 21st Century |
| SPM 2010 | Sport in Global Society |
| SYG 2010 | Current Social Problems |

Humanities

Choose one course from Group A and one additional course from either Group A or Group B 6

| | |
|----------------|--|
| Group A | |
| ARH 1000 | Art Appreciation |
| LIT 2000 | Introduction to Literature |
| MUL 2010 | Music Appreciation |
| PHI 2010 | Introduction to Philosophy |
| THE 2000 | Theatre Appreciation |
| Group B | |
| AML 2010 | American Literature I |
| AML 2020 | American Literature II |
| AML 2072 | Sex, Money, and Power in American Literature |
| ARH 2050 | Western Survey I: Prehistory to the Medieval Period |
| ARH 2051 | Western Survey II: Renaissance to Contemporary |
| ART 1015C | Exploring Artistic Vision |
| ART 2821 | The Self, Creativity, Your Career and Visual Culture |
| CRW 2001 | Introduction to Creative Writing |
| ENL 2010 | History of English Literature I |
| ENL 2020 | History of English Literature II |
| IDH 1040 | Honors Core 1 |

| | |
|----------|--------------------------------------|
| LIT 2030 | Introduction to Poetry |
| MUH 2930 | The Music Experience: Special Topics |
| PHI 2103 | Critical Thinking |
| PHI 2603 | Ethics in Contemporary Society |
| REL 1300 | World Religions |
| SPC 2608 | Basic Communication Skills |
| THE 2300 | Survey of Dramatic Literature |

Natural Sciences

Choose one course from Group A and one additional course from either Group A or Group B 6

| | |
|----------------|---|
| Group A | |
| AST 1002 | Descriptive Astronomy |
| BSC 1005 | General Biology for Non-Majors * |
| BSC 1085 | Anatomy and Physiology I * |
| BSC 2010 | Biology I |
| CHM 1020 | Concepts in Chemistry * |
| CHM 2045 | General Chemistry I * |
| ESC 2000 | Introduction to Earth Science * |
| EVR 2001 | Introduction to Environmental Science |
| PHY 1020 | Conceptual Physics |
| PHY 2048 | Calculus-Based Physics I *,** |
| PHY 2048C | Calculus-Based Physics I Studio *** |
| PHY 2053 | Algebra-Based Physics I *,** |
| Group B | |
| ANT 2511 | Biological Anthropology * |
| AST 2037 | Life in the Universe |
| BOT 2010 | General Botany |
| BSC 1050 | Fundamentals of Ecology |
| BSC 1086 | Anatomy and Physiology II * |
| BSC 2011 | Biology II |
| BSC 2311 | Introduction to Oceanography and Marine Biology |
| CGS 2020 | Introduction to Machine Learning |
| CHM 2046 | General Chemistry II * |
| CIS 2530 | Introduction to Cybersecurity |
| GLY 2010 | Physical Geology * |
| MCB 1000 | Fundamentals of Microbiology * |
| PHC 2082 | Informatics and Your Health |
| PHY 2049 | Calculus-Based Physics II *,** |
| PHY 2054 | Algebra-Based Physics II *,** |

* May be taken with or without lab.

** Algebra-Based Physics is usually recommended for non-science majors, while Calculus-Based Physics is recommended for science majors

*** Although students receive 5 semester hours credit for PHY 2048C, an additional 3 semester science course will be needed to meet General Education requirements.

General Education Electives

Choose an additional course from two of the three areas of Humanities, Social Sciences, and Natural Sciences

Physical Education Teacher Education Specialization majors should take BSC 1085 Anatomy and Physiology I/APK 2100C Applied Human

Anatomy and Physiology I with Laboratory to fulfill the laboratory science component.

Multicultural Requirement

Multicultural Courses

An important component of a liberal education is the study of cultures other than one's own. As such, multiculturalism encompasses the appreciation of the values, expressions, and modes of organization of diverse cultural communities. To further such study, the University of West Florida requires all students pursuing a bachelor's degree to complete at least one course that explores one or more of the dimensions of another culture (language, religion, socio-economic structures, etc.). Students are exempt from this requirement if they have completed an A.A. degree, the general education program at a Florida public institution, or a baccalaureate degree.

The requirement is satisfied by the successful completion of a multicultural course designated on the following list. Several of the selections are General Education courses, and students may enroll in these to meet both the General Education and the multicultural requirements.

***Passed by UWF Faculty Senate on 11/08/2002*

This list is continually updated and students are encouraged to check with their advisors for alternative options.

| | | | | | |
|----------|---|---|----------|---|-----|
| AML 2010 | American Literature I | 3 | COM 3461 | Intercultural Communication | 3 |
| AML 2020 | American Literature II | 3 | COM 4242 | Communication and Christianity | 3 |
| AML 3604 | African American Literature | 3 | CPO 2002 | Comparative Politics | 3 |
| AML 3624 | Black Women Writers | 3 | CPO 4792 | Geopolitics | 3 |
| AML 4015 | Topics in Nineteenth-Century American Literature | 3 | CRW 2001 | Introduction to Creative Writing | 3 |
| AML 4640 | Topics in Native American Literature | 3 | EDF 2085 | Teaching Diverse Populations | 3 |
| ANT 1001 | Anthropology as a Profession | 1 | ENG 4013 | Introduction to Literary Theory | 3 |
| ANT 2000 | Introduction to Anthropology | 3 | ENL 2020 | History of English Literature II | 3 |
| ANT 2301 | Human Sexuality and Culture | 3 | EUH 1000 | Western Perspectives I | 3 |
| ANT 3212 | Peoples and Cultures of the World | 3 | EUH 1001 | Western Perspectives II | 3 |
| ANT 3312 | North American Indians | 3 | EUH 3203 | Modern Europe | 3 |
| ANT 3363 | Japanese Culture | 3 | EUH 3334 | Emperors, Sultans, Dictators, and Democrats: The Balkans | 3 |
| ANT 3403 | Cultural Ecology | 3 | EUH 3411 | Rome and the Mediterranean World | 3 |
| ANT 4006 | Anthropology of Human Rights | 3 | EUH 3576 | Soviet Union since 1917 | 3 |
| ANT 4025 | Ritual Use of Human Remains | 3 | EUH 4563 | The Other Germany: The Lands of the Austrian Monarchy, 1526-1918 | 3 |
| ANT 4516 | Modern Human Physical Variation | 3 | FRE 4955 | Supervised Foreign Language Field Experience Abroad | 1-3 |
| ARH 1000 | Art Appreciation | 3 | GEA 2000 | Nations and Regions of the World | 3 |
| ARH 2050 | Western Survey I: Prehistory to the Medieval Period | 3 | GEB 4361 | International Business | 3 |
| ARH 2051 | Western Survey II: Renaissance to Contemporary | 3 | GEO 3421 | Cultural Geography | 3 |
| ARH 3590 | Non-Western Art | 3 | GEO 3471 | Geography of World Affairs | 3 |
| ARH 3607 | Native American Art | 3 | HIS 2050 | Explore! History | 3 |
| ARH 4302 | Late Renaissance Art in Italy | 3 | HIS 4262 | Rise and Fall of the Portuguese Empire | 3 |
| ARH 4412 | The Age of Revolution to Romanticism in Europe: 1750-1850 | 3 | IDH 1040 | Honors Core 1 | 3 |
| ARH 4450 | Modern Art: 1850-1980 | 3 | IDH 1041 | Honors Core 2 | 3 |
| ARH 4470 | Contemporary Art | 3 | INR 2002 | International Politics | 3 |
| ARH 4563 | Art of Japan | 3 | LAH 4135 | Spanish Conquest of the Americas | 3 |
| CCJ 3678 | Race, Gender, Ethnicity, and Crime | 3 | LAH 4131 | 'Atlantic Indians': How Indigenous and African Peoples Shaped Europe & the Americas | 3 |
| COM 3014 | Gender Communication | 3 | LAH 4451 | Greater Mexico: Central America from Conquest to the 20th Century | 3 |
| | | | LAH 4728 | Gender and Sexuality in Latin America from Colonization to Today | 3 |
| | | | LIT 2000 | Introduction to Literature | 3 |
| | | | LIT 2030 | Introduction to Poetry | 3 |
| | | | LIT 3233 | Postcolonial Literature | 3 |
| | | | LIT 4036 | Topics in Poetry and Poetics | 3 |
| | | | LIT 4385 | Feminist Theory | 3 |
| | | | MAN 4102 | Management of Diversity | 3 |
| | | | MAR 4156 | Seminar in International Marketing | 3 |
| | | | MMC 3743 | Communicating Fear: Horror Films and Popular Culture | 3 |
| | | | MMC 3745 | Communicating Fear Abroad: International Horror Films & Popular Culture | 3 |
| | | | MUH 2930 | The Music Experience: Special Topics | 3 |
| | | | MUL 2010 | Music Appreciation | 3 |
| | | | NUR 4615 | Community and Public Health Nursing | 3 |
| | | | NUR 4636 | Population-based Public Health Nursing | 3 |
| | | | PHI 3790 | African Philosophy | 3 |
| | | | PUR 3404 | International Public Relations | 3 |
| | | | PSY 3860 | Positive Psychology | 3 |

| | | |
|----------|--|---|
| SOP 3730 | Psychology, Culture, and Society | 3 |
| SOW 4233 | Human Diversity and Social Justice | 3 |
| SPN 3400 | Advanced Stylistics | 3 |
| SPN 4520 | Latin American Culture and Civilization | 3 |
| SYO 4421 | Sociology of Health, Illness and Health Care | 3 |
| SYO 4530 | Inequality in America | 3 |

Civic Literacy Requirement

The 2017 Florida Legislature amended [Section 1007.25, Florida Statutes](#), to require students **initially entering a State University System (SUS) and/or Florida College System (FCS) institution in 2018-2019** and thereafter to demonstrate competency in civic literacy.

The 2021 Legislature further amended Florida Statutes, requiring students to complete both a civic literacy course and exam. As a result, there are three cohorts of students currently matriculating at Florida public institutions subject to varying requirements. As demonstrated in the table below, the exact civic literacy requirements are based on the academic term in which a student first enrolled in a Florida public institution.

| Students Included in Cohort | Civic Literacy Competency Requirement |
|---|--|
| Cohort 1: Students first entering the SUS or FCS prior to fall 2018 | None |
| Cohort 2: Students first entering the SUS or FCS in fall 2018 – summer A 2021 | Complete a course or exam |
| Cohort 3: Students first entering the SUS or FCS in summer B 2021 (on or after July 1, 2021) and thereafter | Complete both a course and exam |

Additionally, the 2021 Legislature made two additional exceptions: approving the use of accelerated mechanisms for meeting the course competency requirement and exempting high school students who pass the Florida Civic Literacy Exam in high school from the postsecondary exam requirement. These two changes are in effect for Cohort 3.

There are multiple ways to satisfy this requirement. Students should work with their academic advisor to determine which option is best for their degree requirements/degree plan.

Additional information can be found on our [Civic Literacy](#) website.

*BOG 8.006; s.1007.25(4,a-b)

Common Prerequisites

State-mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. See the [Common Prerequisite Manual](#) for course substitutions from Florida colleges and universities.

| | | |
|------------|--|-----|
| BSC 1085+L | Anatomy and Physiology I (+Lab) * | 4 |
| | or APK 2100C Applied Human Anatomy and Physiology I with Laboratory | |
| BSC 1086 | Anatomy and Physiology II | 3-4 |
| | or APK 2105C Applied Human Anatomy and Physiology II with Laboratory | |
| EDF 1005 | Introduction to Education ** | 3 |
| PEO 2031 | Analysis of Individual Sports ** | 3 |

| | | |
|--------------------|----------------------------|--------------|
| PET 2824 | Analysis of Team Sports ** | 3 |
| Total Hours | | 16-17 |

* Indicates common prerequisites which can be used to satisfy General Education requirements.

** Indicates a success marker course for the major, a grade of "C" or higher is required.

Major

| | | |
|-----------|---|---|
| PET 3351C | Applied Exercise Physiology + | 3 |
| PET 3123 | Historical Foundations of Sport and Fitness + | 3 |
| HLP 3300 | Organization and Administration of Professional Programs + | 3 |
| PET 4434 | Pediatric Sport Pedagogy + | 3 |
| PET 3344C | Athletic Coaching Methods + | 3 |
| PET 4310C | Mechanics of Human Motion + | 3 |
| PET 4820 | Adolescent Sport Pedagogy + | 3 |
| PET 4948 | Physical Education and Coaching Field Experience with PK - 12 + | 3 |
| PET 3640 | Adapted Physical Education and Sport + | 3 |
| PET 4801 | Sport Skill Acquisition and Motor Development | 3 |

Total Hours **30**

Major-Related

| | | |
|----------|---|----|
| EDF 3234 | Applied Foundations of Education | 3 |
| EDG 4323 | Methods of K-12 Literacy Instruction | 3 |
| TSL 4080 | ESOL Principles and Practices | 3 |
| EEX 3070 | Methods in Inclusion and Collaboration | 3 |
| PET 4744 | Student Teaching in Physical Education + | 12 |
| HSC 2100 | Personal Health | 3 |
| ATR 2000 | Basic Care and Prevention Principles of Athletic Training | 3 |

Optional courses:

| | | |
|----------|---------------------------------|--|
| ATR 3132 | Functional Kinesiology | |
| HUN 2201 | Fundamentals of Human Nutrition | |
| HSC 4300 | Changing Health Behaviors | |
| HSC 4581 | Health Promotion and Planning | |
| PSY 4832 | Sport and Exercise Psychology | |

Total Hours **30**

+ Courses included in the major GPA

Upper Division Electives

Student must complete sufficient 3000/4000 level electives to meet UWF's requirement of 48 semester hours in the upper division or complete all departmental requirements at the 3000/4000 level, whichever is greater.

Total Hours **0-8**

Athletic Sport Coaching

The 16-hour Minor in Athletic Sport Coaching is offered by the Department of Movement Sciences and Health. The minor is designed for those students interested in the practical, methodological, and psychological aspects of coaching athletic sports. This minor is available to all students. No directed study may be taken to fulfill

the requirements for the minor. Completion of this minor may allow students to be eligible for FLDOE certification in Athletic Sport Coaching.

Required Courses:

| | | |
|--------------------|---|-----------|
| ATR 2000 | Basic Care and Prevention Principles of Athletic Training | 3 |
| HLP 3300 | Organization and Administration of Professional Programs | 3 |
| PET 3344C | Athletic Coaching Methods | 3 |
| PET 4765 | Theory and Practice of Coaching | 3 |
| PET 4820 | Adolescent Sport Pedagogy | 3 |
| PEO 2510 | Theory and Practice of Coaching Soccer | 1 |
| Total Hours | | 16 |