

Health Promotion & Worksite Wellness, M.S.

A M.S. degree in Health Promotion and Worksite Wellness prepares students to design, implement, and evaluate interventions that promote healthy behaviors and lifestyles. Coursework reflects current professional standards and practices in the health promotion field. Coursework will prepare the student for the Certified Health Education Specialist (CHES) exam, a competency-based tool used to measure the possession, application and interpretation of knowledge in the Seven Areas of Responsibility for Health Education Specialists.

The Health Promotion and Worksite Wellness program is interdisciplinary and addresses the needs of students from a variety of academic backgrounds. A total of 39 semester hours are required for completion of this program. Electives allow students to further specialize their course of studies in areas of interest within this focus and are carefully chosen in conjunction with their advisor.

Admission Requirements

In addition to the University graduate admission requirements described in the [Admissions section](#) of the catalog, the department bases decisions for regular admission on a holistic review of credentials in which the following criteria are used to assess the potential success of each applicant:

- Undergraduate institutional GPA
- Undergraduate Senior Year/Major GPA
- Submission of letter of intent describing reasons for applying to the program and associated career goals
- Submission of contact information for two professional references
- Work Experience as reflected in a resume (only for graduate assistants)

Foundational Proficiencies

Students in the Health Promotion and Worksite Wellness must have previous credit in human anatomy, physiology, or pathophysiology; general science course, and personal and community health; or the equivalent.

Health Promotion And Worksite Wellness

HLP 6535	Research Procedures	3
HLP 6595	Research Seminar	3
HSC 5506	Advanced Epidemiology	3
HSC 6037	Philosophical Foundations of Health Education	3
HSC 6226	Current Issues in Worksite Wellness	3
HSC 6587	Health Education Program Planning and Evaluation	3
HSC 6667	Social Marketing in Health Education	3
HSC 6666	Health Education and Interactive Technology	3
Choose 15 sh from the courses listed below:		15
APK 6111C	Advanced Exercise Physiology	
HLP 6940	Internship	
HLP 6971	Thesis	
HSA 6521	Critical Analysis of Health	

COM 5025	Health Communication	
PHC 5410	Social and Behavioral Sciences in Public Health	
HSC 6135	Health Literacy and Cultural Competency	
HSA 6106	Health Delivery Systems	
HSC 6576	Nutrition Across the Life Cycle	
HSC 6905	Directed Study	
MAN 5116	Management of Diversity	
APK 6127C	Clinical Exercise Testing and Interpretation	
PHC 5355	Fundamentals of Occupational Safety and Health	
APK 6167C	Advanced Human Nutrition and Metabolism	
Total Hours		39