

# SLS: Student Life Skills (Learning) Courses

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## Courses

### **SLS 1109 Foundations for Academic Success**

Academic Engagement, Department of Student Life Skills

1-3 sh (may not be repeated for credit)

This course is designed to help students succeed in college by providing them with a foundation for gaining the skills and behaviors necessary to be successful college students. Course topics include an introduction to the university and its resources, developing personal learning skills and academic success strategies, and understanding of growth mindset & resilience strategies.

### **SLS 2512 Strategies for Academic Success**

Academic Engagement, Department of Student Life Skills

1-3 sh (may not be repeated for credit)

This course is designed for students who would benefit from strengthening essential academic skills needed to become competent and motivated students. Students will learn to identify their academic motivation, prioritize their time, develop memory and thinking skills, develop strategies for taking meaningful notes during lectures and assigned readings, and develop strategies for preparing for and taking various types of tests. Students will also be presented with opportunities to identify or confirm major and career choices. In addition, the course will promote a growth mindset, not only towards academic performance but also in students' personal and professional lives.

### **SLS 2905 Directed Study**

Academic Engagement, Department of Student Life Skills

1-12 sh (may be repeated indefinitely for credit)

### **SLS 4940 Internship Experience**

Academic Engagement, Department of Student Life Skills

0-6 sh (may be repeated for up to 6 sh of credit)

This course will consist of a variable internship opportunity for current UWF students or recent UWF graduates placed with a UWF department, community agency or employer. Placements will be managed by the Office of Career Development and Community Engagement (Career Services), a department within the Division of Academic Engagement. The course will include both for credit and not for credit sections with variable credit hours. Special permission is required for course registration. Credit generated from this course may or may not count towards a degree.