

PCO: Psychology for Counseling Courses

Courses

PCO 2905 Directed Study

College of Health, Department of Psychology

1-12 sh (may be repeated indefinitely for credit)

PCO 4310 Intervention in Addictions

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

This course focuses on the models of addictive behaviors and their implications for assessment and treatment of addiction. The emphasis is primarily on alcohol and drug abuse, with information on smoking and obesity included.

PCO 4905 Directed Study

College of Health, Department of Psychology

1-12 sh (may be repeated indefinitely for credit)

PCO 6204 Pre-Practicum: Techniques of Counseling and Psychotherapy

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

Prerequisite: CLP 5166 AND PCO 6216

Co-requisite: PCO 6206C, PCO 6246

This experientially-based course emphasizes counseling and psychotherapeutic techniques and behavior, including the identification and acquisition of broad communication and relationship-building skills, particular counseling techniques, and the development of a counseling response repertoire. Students will develop an understanding of the interaction between theory and technique as it applies to clinical practice, as well as develop their case conceptualization and case management skills. Simulated supervised counseling experiences are provided through the use of micro-counseling and role-playing. This course provides the opportunity to practice actual counseling skills and techniques prior to the practicum and internship experiences. The practicum placement process is discussed.

PCO 6206 Ethical and Professional Issues in Counseling

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

This course is an in-depth review of critical issues in the practice of mental health counseling, including the professional organizations and ethical standards for psychologists and counselors, legal and professional requirements for practicing in the profession, and the rights of clients.

PCO 6206C Ethical and Professional Issues in Counseling

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

This course is an in-depth review of critical issues in the practice of mental health counseling, including the professional organizations and ethical standards for psychologists and counselors, legal and professional requirements for practicing in the profession, and the rights of clients.

PCO 6216 Theories of Individual Counseling

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

Prerequisite: CLP 5166

This course provides an overview of major contemporary theoretical approaches to individual counseling and psychotherapy and explores some of the many methods mental health professionals use to treat psychological distress. The course introduces counselors-in-training to the basic concepts and change strategies of "traditional" post-psychoanalytic methods of psychotherapy, as well as more recent methods and intervention/ practice standards. Although it is not a counseling practicum, this overview course provides student counselors with both theoretical and pragmatic knowledge so they may begin to form individualized conceptions of psychological health, disorder, and how people change. Students are expected to establish a formative understanding of the therapeutic relationship and change strategies while exploring their own values and beliefs through readings and exercises. Students are not expected to emerge from the course with a preferred, crystalized theory or approach to helping people - these strategies are discouraged at this stage of training.

PCO 6246 Theories of Group Counseling

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

Prerequisite: PCO 6216

Students must take PCO 6216 or by permission of the instructor before enrolling in this course. Overview of major contemporary theoretical approaches to group counseling and psychotherapy.

PCO 6278 Multicultural Counseling

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

This course addresses the similarities and differences among various culturally diverse groups, and informs counselors of the characteristics and processes necessary to become a culturally skilled counselor.

PCO 6312 Substance Abuse Counseling

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

Prerequisite: CLP 5166

This course examines the misuse of alcohol and other drugs, and how they affect biological, psychological, social and familial spheres of functioning. The course is designed to: convey to counselors-in-training and community professionals the most essential information about licit and illicit drugs; provide an overview of the prominent theoretical models of addiction; and explore various clinical methods for assessing and treating substance use disorders.

PCO 6315 Assessment in Counseling

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

Prerequisite: CLP 5166

This course provides practical training in the process of clinical assessment in mental health counseling, including an introduction to the science of clinical assessment. The focus is on the use of assessment techniques such as interviewing and psychological testing, in a professionally and ethically responsible manner. The course includes an experiential component in which the student will develop beginning skills in the use of clinical assessment techniques, under supervision. Permission is required. Material and Supply Fee will be assessed.

PCO 6905 Directed Study

College of Health, Department of Psychology

1-12 sh (may be repeated indefinitely for credit)

PCO 6946 Practicum in Counseling

College of Health, Department of Psychology

3 sh (may not be repeated for credit)

Prerequisite: CLP 5166 AND PCO 6206C AND PCO 6216

This course requires the placement of the student in a local mental health agency for 8-10 hours each week. The emphasis of this experience is on the student's development of clinical skills in interviewing, assessment, and counseling of individuals, groups, and families. Students will complete a minimum of 150 hours of field placement of which at least 40 will be in direct client contact. There is a weekly class meeting and individual supervision with the instructor in addition to the clinical activities and supervision at the practicum site. Permission is required based on requirements stated in the Counseling Track Policy Manual.

PCO 6948 Internship in Counseling

College of Health, Department of Psychology

1-6 sh (may be repeated for up to 9 sh of credit)

Prerequisite: PCO 6946

The student functions as a staff member and participates in the full range of clinical and professional activities of the internship site under supervision. A weekly university based seminar will accompany field placement. Students must register for more than one term (total of 6sh required) and will complete a minimum of 850 hours of field placement, of which at least 240 will be in direct client contact. Graded on a satisfactory/unsatisfactory basis only. Permission is required based on requirements stated in the Counseling Track Policy Manual.