

Health Promotion

This degree program is for students who wish to pursue health careers in public or private health agencies. Health educators are professionals who design, conduct, and evaluate activities to help improve the health of people. These activities take place in a variety of settings: schools, communities, health care facilities, government agencies, businesses, and colleges. Health educators are employed under a range of job titles such as patient educators, health education teachers, trainers, public health/community health educators, community organizers, and health program managers or coordinators. Professional certification to be a Certified Health Education Specialist (CHES) is available through the National Commission for Health Education Credentialing, Inc.

Program Requirements

In addition to the university's general requirements, students seeking the B.S. in Community Health Education must meet the requirements listed below.

Students should take PSY 2012 General Psychology to satisfy the social science/behavioral perspective component, MAC 1105 College Algebra and STA 2023 Elements of Statistics to satisfy the mathematics component, and BSC 1085 Anatomy and Physiology I with Lab and BSC 1086 Anatomy and Physiology II with Lab to satisfy the natural science component of General Education. For additional information see the General Education section of this Catalog.

General Education

In addition to the General Education requirements listed on this page, students must satisfy all additional University requirements, including the Gordon Rule, multicultural, and foreign language requirements. With appropriate planning and coordination with an academic advisor, students may satisfy some of the general University requirements through the General Education curriculum. For a complete listing of general degree requirements, refer to the "Graduation and General Degree Requirements (<http://catalog.uwf.edu/undergraduate/universityrequirements>)" section of this catalog.

General Education Curriculum:

Communication

ENC 1101	English Composition I	3
ENC 1102	English Composition II	3

Mathematics

Choose one course from Group A and one Additional course from either Group A or Group B 6

Group A

MAC 1105	College Algebra
MAC 2311	Analytic Geometry and Calculus I
MGF 1106	Mathematics for Liberal Arts I
MGF 1107	Mathematics for Liberal Arts II
STA 2023	Elements of Statistics

Group B

MAC 1105C	College Algebra with Lab
MAC 1114	Trigonometry
MAC 1140	Precalculus Algebra

MAC 2233	Calculus with Business Applications
MAC 2312	Analytic Geometry and Calculus II

Social Sciences

Choose one course from Group A and one additional course from either Group A or Group B 6

Group A

AMH 2020	United States since 1877
ANT 2000	Introduction to Anthropology
ECO 2013	Principles of Economics Macro
POS 2041	American Politics
PSY 2012	General Psychology
SPM 2010	Sport in Global Society
SYG 2000	Introduction to Sociology

Group B

AMH 2010	United States to 1877
ANT 2400	Current Cultural Issues
ANT 2100	Introduction to Archaeology
CCJ 2002	Survey of Crime and Justice
CPO 2002	Comparative Politics
DEP 2004	Human Development Across the Lifespan
EUH 1000	Western Perspectives I
EUH 1001	Western Perspectives II
FIN 2104	Personal Financial Planning
GEA 2000	Nations and Regions of the World
GEB 1011	Introduction to Business
IDH 1041	Honors Core 2
INR 2002	International Politics
MMC 2000	Principles of Mass Communication
PLA 2013	Survey of American Law
SOW 2192	Understanding Relationships in the 21st Century
SYG 2010	Current Social Problems

Humanities

Choose one course from Group A and one additional course from either Group A or Group B 6

Group A

ARH 1000	Art Appreciation
LIT 2000	Introduction to Literature
MUL 2010	Music Appreciation
PHI 2010	Introduction to Philosophy
THE 2000	Theatre Appreciation

Group B

AML 2010	American Literature I
AML 2020	American Literature II
AML 2072	Sex, Money, and Power in American Literature
ARH 2050	Western Survey I: Prehistory to the Medieval Period
ARH 2051	Western Survey II: Renaissance to Contemporary
ART 1015C	Exploring Artistic Vision
ART 2821	Art and Visual Culture Today

CRW 2001	Introduction to Creative Writing
ENL 2010	History of English Literature I
ENL 2020	History of English Literature II
IDH 1040	Honors Core 1
MUH 2930	The Music Experience: Special Topics
PHI 2103	Critical Thinking
PHI 2603	Ethics in Contemporary Society
REL 1300	World Religions
THE 2300	Survey of Dramatic Literature
SPC 2608	Basic Communication Skills

Natural Sciences

Choose one course from Group A and one additional course from either Group A or Group B 6

Group A	
AST 1002	Descriptive Astronomy
BSC 1005	General Biology for Non-Majors
BSC 1085	Anatomy and Physiology I
BSC 2010	Biology I
CHM 1020	Concepts in Chemistry *
CHM 2045	General Chemistry I *
ESC 2000	Introduction to Earth Science
EVR 2001	Introduction to Environmental Science
PHY 1020	Introduction to Concepts in Physics *
PHY 2048	University Physics I **
PHY 2048C	University Physics I - Studio
PHY 2053	General Physics I **
Group B	
ANT 2511	Biological Anthropology
BOT 2010	General Botany
BSC 1050	Fundamentals of Ecology
BSC 1086	Anatomy and Physiology II *
BSC 2011	Biology II
BSC 2311	Introduction to Oceanography and Marine Biology *
CGS 2060	Excursions in Computing
CHM 1032	Fundamentals of General Chemistry *
CHM 2046	General Chemistry II *
CIS 2530	Introduction to Cyber Security
GEO 1200	Physical Geography
GLY 2010	Physical Geology *
MCB 1000	Fundamentals of Microbiology *
PHY 2049	University Physics II **
PHY 2054	General Physics II *

* May be taken with or without lab.

** General Physics is non-calculus based and is usually recommended for non-science majors. University Physics is calculus based and is usually recommended for science majors.

*** Although students receive 5 semester hours credit for PHY 2048C, an additional 3 semester science course will be needed to meet General Education requirements.

General Education Electives

Choose an additional course from two of the three areas of Humanities, Social Sciences and Natural Sciences

Common Prerequisites

State mandated common prerequisites must be completed prior to graduation, but are not required for admission to the program. See the Common Prerequisite Manual (<https://dlss.flvc.org/admin-tools/common-prerequisites-manuals>) for course substitutions from Florida colleges and universities.

BSC 1085+L	Anatomy and Physiology I (+Lab) *	4
BSC 1086+L	Anatomy and Physiology II (+Lab) *	4
PSY 2012	General Psychology *	3
SYG 2000	Introduction to Sociology *	3
STA 2023	Elements of Statistics *	3
SPC 2608	Basic Communication Skills *	3
HSC 2100	Personal Health	3
HSC 2577	Principles of Nutrition	3
Total Hours		26

* Indicates common prerequisites which can be used to satisfy General Education requirements

Lower Division Electives

Students must complete sufficient 1000/2000 level electives to satisfy at least 60 sh in the lower division. Current UWF students may use elective courses at any level (1000-4000) to meet this elective requirement. 0-18

Total Hours		0-18
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Recommend HSC 2100 Personal Health be taken at the lower division.

Major

HSC 3032	Foundations in Health Education +	3
HSC 3535	Medical Terminology +	3
HSC 4104	Health Aspects of Stress Management +	3
HSC 4120	Consumer Health Education +	3
HSC 4133	Health Aspects of Human Sexuality +	3
HSC 4143	Drugs in Society +	3
HSC 4211	Human Environmental Health +	3
HSC 4300	Changing Health Behaviors +	3
HSC 4500	Epidemiology +	3
HSC 4551	Communicable and Degenerative Diseases +	3
HSC 4572	Nutrition and Health +	3
HSC 4581	Health Promotion and Planning +	3
HSC 4583	Theoretical Foundations of Health Promotion and Planning +	3
HSC 4633	Current Issues in Health Promotion +	3
HSC 4910	Senior Capstone Experience in Health Promotion +	6
Total Hours		48

+ Courses included in the major GPA

Major-Related

PHC 4101	Essentials of Public Health	3
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Choose one:	3
COM 4022	Health Communication
HSA 3111	Understanding U.S. Health Care
HSC 3510	Data Analysis in the Health Sciences
STA 4173	Biostatistics
Total Hours	6

Upper Division Electives

Student must complete sufficient 3000/4000 level electives to meet UWF's requirement of 48 semester hours in the upper division or complete all departmental requirements at the 3000/4000 level, whichever is greater.	6
Total Hours	6

Health Promotion

Students earning the Minor in Health Promotion will be able to assess individual and community/worksites needs for health promotion, develop analytical skills to examine needs assessment data and determine priority area(s) of health promotion. They will also be able to compare and contrast health promotion program planning models and theories for application in a health promotion and wellness setting, and plan and implement effective health promotion programs. Health Promotion majors may not earn this minor.

HSC 4581	Health Promotion and Planning	3
HSC 3032	Foundations in Health Education	3
Choose two of the following Health Foundations courses:		6
HSC 4583	Theoretical Foundations of Health Promotion and Planning	
HSC 4133	Health Aspects of Human Sexuality	
HSC 4143	Drugs in Society	
HSC 4551	Communicable and Degenerative Diseases	
HSC 4104	Health Aspects of Stress Management	
HSC 4211	Human Environmental Health	
HSC 4500	Epidemiology	
HSC 4633	Current Issues in Health Promotion	
HSC 4300	Changing Health Behaviors	
HSC 4572	Nutrition and Health	
Total Hours		12