PCO: Psychology Of Counseling Courses

Courses

PCO 2202  Introduction to General Counseling Techniques
3 sh (may not be repeated for credit)
Develops basic skills and techniques needed for a person to be effective in the helping process and to learn about the qualities and conditions necessary for counseling.

PCO 2905  Directed Study
1-12 sh (may be repeated indefinitely for credit)

PCO 4310  Intervention in Addictions
3 sh (may not be repeated for credit)
Models of addictive behaviors and implications for assessment and treatment of addiction. Emphasis primarily on alcohol and drug abuse, with information on smoking and obesity included.

PCO 4905  Directed Study
1-12 sh (may be repeated indefinitely for credit)

PCO 6204  Pre-Practicum: Techniques of Counseling and Psychotherapy
3 sh (may not be repeated for credit)
Prerequisite: CLP 5166 AND PCO 6216
Co-requisite: PCO 6206C, PCO 6246
Experientially-based with an emphasis on counseling and psychotherapeutic techniques and behavior, including the identification and acquisition of broad communication and relationship-building skills, particular counseling techniques, and the development of a counseling response repertoire. Students also develop an understanding of the interaction between theory and technique as it applies to clinical practice, as well as develop their case conceptualization and case management skills. Simulated supervised counseling experience is provided through the use of micro-counseling and role-playing. Provides the opportunity to practice actual counseling skills and techniques prior to the practicum and internship experiences. The practicum placement process is included.

PCO 6206C  Ethical and Professional Issues in Counseling
3 sh (may not be repeated for credit)
Prerequisite: CLP 5166
In depth review of critical issues in the practice of mental health counseling, including the professional organizations and ethical standards for psychologists and counselors, legal and professional requirements for practicing in the profession, and the rights of clients. Topics include standards of preparation, certifications and licensing, and the role identity and professional obligations of mental health counselors. Relevant issues for school counselors will be addressed.

PCO 6216  Theories of Individual Counseling
3 sh (may not be repeated for credit)
Prerequisite: PCO 6216
Students must take (Either CLP 3144 or PPE 4003) or by permission of the instructor or an undergraduate degree in Psychology before enrolling in this course. Overview of major contemporary theoretical approaches to individual counseling and psychotherapy.

PCO 6246  Theories of Group Counseling
3 sh (may not be repeated for credit)
Prerequisite: PCO 6216
Students must take PCO6216 or by permission of the instructor before enrolling in this course. Overview of major contemporary theoretical approaches to group counseling and psychotherapy.

PCO 6278  Multicultural Counseling
3 sh (may not be repeated for credit)
Addresses the similarities and differences among various culturally diverse groups, and informs counselors of the characteristics and processes necessary to become a culturally skilled counselor.

PCO 6312  Substance Abuse Counseling
3 sh (may not be repeated for credit)
Prerequisite: CLP 5166
Examines the misuse of alcohol and other drugs, and how they affect biological, psychological, social and familial spheres of functioning. Designed to convey to counselors-in-training and community professionals the most essential information about licit and illicit drugs, provide an overview of the prominent theoretical models of addiction, and explore various clinical methods for assessing and treating substance use disorders. Courses in Theories of Individual, Group, or Family Counseling are recommended.

PCO 6315  Assessment in Counseling
3 sh (may not be repeated for credit)
Prerequisite: CLP 5166
Practical training in the process of clinical assessment in mental health counseling. Includes an introduction to the science of clinical assessment with a focus on the use of assessment techniques such as interviewing and psychological testing, in a professionally and ethically responsible manner. Includes an experiential component in which the student will develop beginning skills in the use of clinical assessment techniques, under supervision. Permission is required. Material and Supply Fee will be assessed.

PCO 6905  Directed Study
1-12 sh (may be repeated indefinitely for credit)

PCO 6946  Practicum in Counseling
3 sh (may not be repeated for credit)
Prerequisite: CLP 5166 AND PCO 6206C AND PCO 6216
Placement of the student in a local mental health agency for 8-10 hours each week. The emphasis of this experience is on development of clinical skills in interviewing, assessment, and counseling of individuals, groups, and families. Students will complete a minimum of 150 hours of field placement of which at least 40 will be in direct client contact. There is a weekly class meeting and individual supervision with the instructor in addition to the clinical activities and supervision at the practicum site. Permission is required based on requirements stated in the Counseling Track Policy Manual.
PCO 6948  Internship in Counseling
1-6 sh (may be repeated for up to 9 sh of credit)

The student functions as a staff member and participates in the full range of clinical and professional activities of the internship site under supervision. A weekly university based seminar will accompany field placement. Students in the 60sh M.A. Licensure Option must register for more than one term (total of 6sh required) and will complete a minimum of 850 hours of field placement, of which at least 240 will be in direct client contact. An internship paper and portfolio are required. Students in the 45sh M.A. degree program must complete 3sh with at least 300 hours of field placement. Graded on a satisfactory / unsatisfactory basis only. Permission is required based on requirements stated in the Counseling Track Policy Manual.