HLP: Health, Leisure, And Physical Education Courses

Courses

HLP 2081   Health, Nutrition and Physical Fitness
3 sh (may not be repeated for credit)
Principles of exercise and nutrition and their roles in maintenance of good health. Students will be given the opportunity to develop their individual aerobic fitness program. An introductory level course.

HLP 3300   Organization and Administration of Professional Programs
3 sh (may not be repeated for credit)
Analysis of leadership principles related to study of man and human performance related to health, leisure and sports activities.

HLP 3905   Directed Study
1-12 sh (may be repeated indefinitely for credit)

HLP 4722   Health/Physical Education for Elementary School Teachers
3 sh (may not be repeated for credit)
Knowledge, attitudes and skills necessary for balanced programs of physical education and health education for grades K-8.

HLP 4905   Directed Study
1-12 sh (may be repeated indefinitely for credit)

HLP 4922   Field Experience
1-3 sh (may not be repeated for credit)
Placement in an appropriate setting for the purpose of learning more about a specific field. Student will observe and participate in a wide range of activities as determined by instructor and agency supervisor. Graded on satisfactory / unsatisfactory basis only. Permission is required.

HLP 4940   Internship
1-6 sh (may not be repeated for credit)
Placement in an appropriate agency or organization for the purpose of gaining some experience in the field. Faculty and agency personnel will supervise the student as the student participates in a wide range of services available in the setting. Goals and objectives will be planned by the student, instructor and agency supervisor. Reports will be required on a regular basis with a final report and oral interview. Permission is required.

HLP 5905   Directed Study
1-12 sh (may be repeated indefinitely for credit)

HLP 6535   Research Procedures
3 sh (may not be repeated for credit)
Research methodology, critical analyses and evaluation of current research, and design of a research proposal in the major field.

HLP 6595   Research Seminar
3 sh (may not be repeated for credit)
Development of a research design suitable for a thesis or research project in health, leisure or sports science.

HLP 6905   Directed Study
1-12 sh (may be repeated indefinitely for credit)

HLP 6922   Field Experience
1-3 sh (may be repeated for up to 6 sh of credit)
Field experience in school or community agencies under faculty direction and on-the-job supervision. Graded on satisfactory / unsatisfactory basis only. Permission is required.

HLP 6940   Internship
3-6 sh (may be repeated for up to 6 sh of credit)
Placement in an appropriate agency or organization for the purpose of gaining some experience in the field. Faculty and agency personnel will supervise the student as the student participates in a wide range of services available in the setting. Goals and objectives will be planned by the student, instructor and agency supervisor. Reports will be required on a regular basis with a final report and oral interview. Permission is required.

HLP 6971   Thesis
1-6 sh (may be repeated for up to 6 sh of credit)
Graded on a satisfactory / unsatisfactory basis only. Permission is required.